

be habitation.

Noa Test

① why most of us fail our efforts for self-improvement?

Ans:- Mostly, our efforts become fail for self-improvement because we set unrealistic goals which later are not able to accomplish. The experience of the failure of not fulfilling the goals can also be one of the reason. Moreover, setting too much ambitious goals which a person does not have time to fulfill, also disrupt the resolutions goals. ~~if~~ ~~se~~ this results into a self-improvement failure.

Repetition

② Why is it a basic mistake to announce our resolution to everybody?

Ans:- Disclosing the resolution goal to everybody may hinder the goal to achieve. (when the goal is not fulfilled; a person is viewed as more foolish and absurd in front of everyone.)

3) Resultantly, this may decrease the enthusiasm of an individual to perform his tasks and eventually it results into the failure of the goals.

3) Why did the writer not carry out his resolution on New Year's Day?

Ans:- As per the author, New Year's Day was a celebrating day. With the first day of resolutions the writer was busy in the New Year's Eve night parties which gave her an excuse not to initiate her resolution goal on the first day of the year.

4) Synonyms:

Intimidating: Unsettling.

Devil: Pitfalls.

Dwindle: diminish, wane

Repel: Resist

Bait :- jibe