

Name: Memoona Batch: 065  
LMS ID: 34461

① Why most of us fail in our efforts for self improvement.

We often fail to set self improvement goals because the goals we make for at as new year's resolution are too difficult and we don't have time to achieve them. Also the frustration of previous failures discourages us from succeeding.

② Why is it a basic mistake to announce our resolution to anybody?

Telling others about our resolutions can be a mistake because if we fail, it makes us feel more embarrassed for not living upto what we announced.

③ Why did writer didnot carry out his resolution on New Year's Day?

The writer skipped his resolution on New Year's Day because he had been at party the night before and used it as an excuse to delay starting.

DATE: \_\_\_\_\_

DAY: \_\_\_\_\_

## ④ Similar Meaning

intimidating: formidable ✓

Peril: —

dwindle: Waned. ✓

repel: fended off ✓

barb: —

answers are too short and in incorrect format  
need improvement

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