

Batch 65.

Q1.

Most of us <sup>fail</sup> fails in our efforts of self-improvement because our goals are too big and we never have time to carry them out. - We often set a target that <sup>is too</sup> ~~are~~ so ambitious to achieve and end up feeling frustrated when we <sup>cannot</sup> can't (achieve) meet them.

Q2.

We make a mistake <sup>by</sup> announcing our resolution to everybody because if we fail, we feel more embarrassed - When other people <sup>know</sup> knows our resolutions/goals, it puts pressure on us, and we feel even worse when we return to our old habits.

Q3.

The writer did not carry out his resolution on new

year's day because he attended  
 an overnight party - He used  
 the party as an excuse  
 to skip his new goal for  
 that day "

Q4.

Intimidating . Formidable ✓

Peril . Pitfalls ✓

Dwindle . Waned

Barb . ??

Repel . Fended off ✓