DAY Ans 1: According to author, most of us fail in our efforts self-improvement because of two xeasons. First, our goals too idealistic which axe nearly impossible to main reason of secondly, the is informing failure others about our goals. It is a basic sustake to **ANSWER IS** announce our goals CORRECT BUT resolution to others because SINGLE SENTENCE ANS IS NOT it results in us being CORRECT FORMAT more foolish when quit our struggle to achieve them The writer did not earry out his resolution on New because he joined a night party on the eve of new Resultantly, he gould not manage to carry out his resolution **NEED IMPROVEMEN** 8/20 Ans 4: Intimidating -Peril Repel