

# NOA Test - 1

## ENGLISH COMPREHENSION

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### Ans. 1

#### Most fail in efforts for Self-Improvement

Most of us fail in our efforts for self-improvement because of setting highly ambitious goals. We are also too engrossed in our routine and other tasks that we don't even have time to inculcate them in our day to day routine. We also set a lot of goals like doing exercise daily, reading books, taking the dog for a walk daily, be nice to people we don't like all this with multiple other goals which we carry forward from past year's ambitions and resolutions which got never got fulfilled. Resultantly we lost interest in all the resolutions with the passage of time even if we worked on it.

Ans-2

## Basic mistake to announce Resolution

Announcing our resolution to everybody is one of the most basic mistake most of the people do. They announce their resolution to everybody and when their targets are not met this makes them a foolish character in front of their friends, colleagues and family. This embarrassment also lowers their confidence in themselves but also put them in a rider of two coats i.e they are unable to achieve their resolutions as well as the embarrassment also effects their productivity at their existing jobs and businesses and studies for students which they were achieving before. That's why it's better to keep your new year resolutions only to yourself.

Ans-3

Writer not carried resolution on New Year

The writer did not carried out his resolution on new year because he was aware of the pitfalls in which people mostly fell after the announcement of their resolutions therefore he did not carried out any resolution. He only kept it to himself to exercise daily morning and to read book every evening after coming back home instead of watching television. He also knew that due to indiscipline if we are unable to achieve the resolutions carried on it will lead to embarrassment and being foolish in the eyes of other people. So he simply kept it to the only one who has to act upon it that is he himself.

## Ans 4

### Words with Similar meanings

(a) **intimidating** ~~frustration, exhausting~~  
glued ✓

(b) **Peril** ~~failure, pitfalls, taunts~~  
diminished, dozing off, given up ✓

(c) **dwindle** ~~slip back, creep down, twisted~~ ✓

d) **repel** ~~excuse, fended~~  
diminish ✓

e) **barb** ~~frustration~~ drag, betrayed  
argued ✓

Avoid lengthy answers  
Answer should not exceed 2-3  
sentences