

Batch 65.

Q1.

Most of us fails in our efforts of self-improvement because our goals are too big and we never have time to carry them out. - We often set a target that are so ambitious to achieve and end up feeling frustrated when we can't (achieve) meet them.

Q2.

We make a mistake ~~to~~ by announcing our resolution to everybody because if we fail, we feel more embarrassed - When other people knows our resolutions/goals, it puts pressure on us, and we feel even worse when we return to our old habits.

Q3.

"The writer did not carry out his resolution on new

year's day because he attended an overnight party - He used the party as an excuse to skip his new goal for that day."

Q4

Intimidating . Formidable

Peril . Pitfalls

Dwindle . Waned

Barb . ??

Repel . Fended off