

Q:1: Why most of us fail in our efforts for self-improvement?

Ans: New year is the time of making resolution. Most of the people makes those resolution which are unable to achieve. There are two basic reasons: ● The resolutions are too ambitious to achieve and the time, is not properly utilize to carry out these resolution. As a result, when someone can't fulfill his resolution after announcing it, then it become frustrated.

Q:2: Why is it a basic mistake to announce our resolution to everybody?

Ans: When someone announces his resolution to everybody he become center of attention. Since the resolutions are difficult to achieve, the person falls in embarrassment at the end. As a result, there is a chance that he will be a laughing stock. On the other hand, he falls to self-deception

Day: \_\_\_\_\_

Date: \_\_\_\_\_

Q.3: Why did the writer not carry out his resolution on New Year day?

Ans: An over night party on New Year's Eve provided him a good excuse for not carrying out his resolution on 1st day of the year.

Q.4 (1) intimidating : formidable

(2) peril : pitfalls

(3) dwindle : wane

(4) taper : fended off

(5) barb : twisted.