

## ~~Unit~~

### Questions:

1. Why most of us fail in our efforts for self improvement?

Because we have big plans and ideas and we can't find proper time to make them work.

2. Why it is a basic mistake to announce our resolution to everybody?

Because when we fall back into our old unhealthy habits, it makes us look even more ridiculous even after trying to make a change for better.

3. Why did the writer not carry out his resolution on new year's day?

The writer skipped his resolution on new year's day because ~~new~~ due to new year's party that went all night.

4. 1) Intimidating - unsettling

5) Barb - undoing

2) Peril - pitfall

3) Dwindle - diminished

4) Repel - Resistance.