

# Reading Comprehension

(1) Why most of us fail in our efforts of self-improvement?

Most people fail in their efforts of self-improvement because, in their initial enthusiasm, they set highly unrealistic goals. As a result, they are unable to accomplish them due to their busy schedules or insufficient time. Therefore, majority of people fail at fulfilling their commitment of self-improvement.

(2) Why is it a basic mistake to announce our resolutions to everybody?

The author considers it a basic mistake to announce new year's resolutions with others unless significant progress has been made. This is because people often struggle to keep their commitments, and publicly announcing resolutions can lead to ridicule when they fail to carry them out. Hence, one should keep his resolutions to oneself.

JULY '18						
M	T	W	T	F	S	S
30	31					1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

8.30 (3) Why did the writer not carry out his resolutions on New year's day?

9.30 The writer had resolved to do some physical exercise in the morning and read a few pages in the evening. But he could not carry out either of them because he went to a New Year party.  
10.30 These celebrations provided him with an excuse to skip his resolutions on first day of the year.  
11.30  
12.30

1.30 (4) Find out the words which convey similar meaning to the following:  
2.30

3.30 (a) Intimidating : Formidable

(b) Peril : Pitfalls

4.30 (c) dwindle : wane

5.30 (d) Repel : Fend off

6.30 (e) Barb : Jibe

7.30

8.30