

Why most of us fail in our efforts for self-improvement

Most of us fail in our efforts for self-improvement because our schemes are too ambitious and we never have time to carry them out of them.

Why is it a basic mistake to announce our resolution to everybody?

It is the fundamental error of announcing our resolution to everybody so that we look more foolish when we slip back into our bad old ways.

Why did the writer not carry out his resolution on New Year's Day?

The writer not carry out his resolution on New Year's Day ~~first day~~ But I applied myself ~~assiduously~~ assiduously to the task. ~~The~~ The writer

Why did the writer not carry out his resolution on New Year's Day?

The writer not carry out his resolution on New Year's because past experience has taught us ~~often~~ that certain accomplishments, it is only because he has so experienced the frustration ~~that~~ But results is failure.

Find out the words in the above passage which convey the similar meaning to the following

- ① intimidating : horrify ② peril : dangerous ③ dwindle / mitigate
decrease
④ repel : attract ⑤ barb : discussion