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Ans 1:

Most of the people fail in our effort for self improvement because, the goals we set for our selves are just so high and the enthusiasm just tappers off because we dont put the time and ~~ex~~ energy to carry them out.

Ans 2:

It is a mistake to announce our resolutions to people because there is a high possibility of not reaching the goal.

Ans 3:

The writer failed to carry out his resolution on New Year's Day because he was exhausted by celebrating the New Year Eve party that continued the whole night.

Ans 4:

- a) Intimidating = Formidable.
- b) Peril = Pitfall.
- c) Dwindle = Wane.
- d) Repel = Fended off.
- e) Bat Barb = Tiber.