

English Comprehension

1. Most of us fail in our efforts for self-improvement because our plans are too ambitious and we don't have enough time to accomplish them. Such accomplishments are beyond attainment.

2. Announcing our resolution to everybody is a basic mistake because it makes us look stupid when we go back into our bad old habits. We should be aware of these pitfalls. We should not be announcing them beforehand.

3. The writer did not carry out his resolution on New Year's Day because an overnight party on New Year's Eve provided him with a good excuse. Resolutions should be carried out from the first day of New Year.

4. Intimidating : Formidable, unsettling
Peril : Pitfall
Dwindle : Limited, ~~keep off~~ wane, diminished
Repel : Resist, fend off
Barb : Jibe, Taunt