

Day: ThursdayComprehensionDate: 19-9-2024

Q1 Why most of us fail in our efforts for self-improvement?

Most of us fail in our efforts for self-improvement because of setting ^{very} ambitious goals and limited time. Too ambitious goals are difficult to achieve in a limited time. When someone fails to reach the set target, it results in frustration and ultimately coming back to old ways. Thus, unrealistic goals setting and lack of time are reasons of failure in self-improvement struggle.

Q2 Why is it a basic mistake to announce our resolution to everybody?

Announcing resolution to everybody is a basic mistake committed by people at the start of self-improvement journey. The reason is that a person who could not follow his ambitious scheme, due to some reasons after some time, seems foolish and face criticism. Hence, coming back to the old ways affects the reputation of a person if he has announced it.

Qno4 Why did the writer not carry out his resolution on New Year's Day?

The writer could not carry out his resolution on the first day of the year because of an overnight party on New Year's Eve. The writer enjoyed the party for whole night which resulted in his failure to carry out his resolutions. In brief, the party on New Year's Eve was an excuse for him to not perform the tasks on the following days.

Qno5 Find out words in the above passage which convey similar meaning to the following.

(e) Barb: The words similar to barb are "taunts and jibes". These words convey the similar meaning of discouraging remarks.

(c) Dwindle: "Gradually diminished" are exactly similar to dwindle conveying the same message.

(b) Peril: The conveying message to peril is exhausted.

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(a) (a) intimidating: The word similar to intimidating in meaning is betrayed

(b) repel: "Tend off" is the word conveying similar meaning to repel.