

QNo 1:- The reason that we fail in our efforts for self-improvement is that we set plans that are beyond our control or unachievable. We need to make our plans by keeping/considering everything around us. Our schemes must not be challenging to us. We must plan things about which we are sure that we can do it. It would help ~~in~~ us doing things/tasks in an effective way. Other than this, our plans must match with our targets that we are going to achieve. Then we will be able to get the desired results.

QNo 2:- Because, announcing resolutions to everyday may divert us from our track. We may fail to achieve it. It is good to keep your resolution with ~~yourself~~ ^{yourself}. It is also necessary

to make sure that our resolutions are actionable. We need to be intact with our resolutions. We need not divert from them. Announcing resolutions everyday or diverting from them is our big mistake that we fail to achieve our goals. We need not compromise on our plans, no matter what happens. We must put our sincere efforts to keep things manageable.

Q No 3: Because, the writer chose to celebrate the New Year's Eve. It was also out of his scheduled time that he failed to continue the resolution in the next day. However, this excuse has cost him a lot. He lost his track. It became difficult for him to come in the right track.

again and carry out his
resolutions. As a result, he lost
himself and failed to improve
himself the way he had planned.

NOT :-

① Dwindle → Pitfalls

② Fended off → Repel

③ Barb → Exhausted.

④ Intimidating → formidable.