

Answer: 1

Most of us fail in our efforts at self improvement because we set our targets too high to be achieved. Moreover, due to busy schedule, we rarely have time to carry those activities.

Answer: 2

It is a basic mistake to announce our resolution to everybody. Because we set too ambitious targets. When we fail to achieve those targets and go back to the old habits, people make fun of us and we are perceived foolish.

Answer: 3

The writer could not carry^{out} her resolutions. Because of an overnight party on New Year's Eve which provides

he the pretext to carry^{out} those resolutions on the next day.

Answer: 4

- (a) Intimidating
- (b) Dwindle: waned
- (c) Peril: pitfall
- (d) Repel: fended off
- (e) Baubles: taunts