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Batch: 063

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## Reading Comprehension

1. Why most of us fail in our efforts for self improvement?

Ans: According to the writer, most of us fail in our efforts for self-improvement because we lack consistency in carrying our goals. Lack of time management with respect to the strength of our ambitions is yet another reason. Similarly, in the lust of motivation we planned high goals but lack discipline to carry out them.

2. Why is it a basic mistake to announce our resolution to everybody?

Ans: It is a basic mistake to announce our resolution to everybody, because we lack practical approach and consistency that why announcing our plans portrays a bad impression on us as a careless and less competent person. This is indeed a foolish act.

Ans<sup>3</sup>: As the writer limited himself to two ambitions - the physical exercise early morning and reading in the evening. Thus the timings of both plans provided him with a excuse to celebrate overnight party on New Year's day.

4. (a) Intimidating                      betrayed

(b) Peril                                  pitfalls

(c) dwindle                              waned

(d) repel                                fended off

(e) barb