

Q:1 Why most of us fail in our efforts for self-improvement?
Most of us fail in our efforts at self improvement because our schemes are too ambitious and we never have time to carry them out and secondly we also make the fundamental error of announcing our resolution to everybody so that we look even more foolish when we slip back into our bad old ways. That is why we failed in our self improvement.

Q:2 Why it is a basic mistake to announce our resolution to everybody?

It is a basic mistake to announce our resolution to every one because we look more foolish when we slip back to our bad old ways.

Q:3 Why did the writer not carry out his resolution on New Year's Day?

The writer not carry out his resolution on New Year's Day because writer thought that by announcing our resolution to every body we look more foolish that's why writer keep his resolution to himself. then limited himself two modest ambitions, to do physical exercise every morning and to read more in evening. That's why writer not carrying out his resolutions on the first day of the year.