

Name : Anum Zahra
LMS ID: 34389
Batch : 65

1- Why do most of us fail in our efforts for self-improvement?

Most of us fail in our efforts for self-improvement because our plans are often too ambitious, and we do not have enough time to complete them. We also set ourselves up for failure by making grand resolutions that are difficult to stick to.

2- Why is it a basic mistake to announce our resolution to everybody?

It is a basic mistake to announce our resolution to everybody because when we fail to follow through, we feel embarrassed, and others see us as foolish for not keeping our promises.

3- Why did the writer not carry out his resolution on New Year's Day?

The writer did not carry out his resolution on New Year's Day because he attended an overnight party on New Year's Eve, which gave him a good excuse to skip his resolutions on the first day of the year.

