

You would have passed your essay if you hadn't made some mistakes.

Day: _____

Title: _____

Date: _____

Is Work-life Balance More Important Than Career Advancement

You have comprehended the topic well, and your ideas are also fine, but you need to work on your phrasing because it doesn't portray your actual thoughts.

Besides, work on your fragmentation because in an argumentative essay, you have to prioritise your Stance.

* Improve your phrasing
* Avoid 1st/2nd person pronouns in the academic writing

* Work on your punctuation
* Expressions can be improved
* Don't provide substantially low arguments

* Conclusion should be in one paragraph
* Avoid cutting

Must attend the tutorial session for further suggestions and flaws

Rephrase it and portray your idea

Outline

1. Introduction

Thesis statement: Work-life balance is indeed, more important than career advancement. In fact, it helps in managing personal growth, family responsibilities, and a bright future.

However, a balanced life style creates a difference between a man and a machine, that helps in building a progressive nation.

2. Understanding the importance of

a. balanced life style in comparison to career advancement

3. Work-life balance is a key to spend a well-accomplished life (Thesis)

a. Time for one's own self

eg. meditation and yoga

Don't need to write

b. Gives a man opportunity to explore more fields

c. Enough time to spend with family members e.g., concept of traditional family system

d. Brings mental peace and helps in developing healthy habits e.g., healthy body has a healthy mind

e. Highest productivity rate in personal and professional life e.g., Working women like Sharmila Obaid Chinnai

f. Necessary for a progressive society and a nation e.g., less spending on health issues

4. Career advancement is an only way to grow in modern times (Anti thesis)

a. Saves a man from old-age regrets that he spent time on unproductive activities e.g., Tuesdays with morrie: look

b. Necessary to build a comfortable life style for family e.g., Daily wage of ^{Rs.} 37000/- is not enough

Day: _____

Date: _____

- c. ~~Careers advancement bridges class~~
division e.g., Business Tycoon Malik Rana
- d. ~~A tool to develop better social~~
~~status and to earn respect e.g., workaholic~~
~~politicians~~
- e. ~~Careers advancement helps in getting~~
~~early retirement e.g., old out-date concept~~
~~of retirement in 65-years age~~
- f. ~~Beneficial for economic development~~
~~of a developing country e.g., 1.8 bn~~
~~population of China~~

5. Work-life balance overtakes ^{the} dedicated
workaholic culture, with cross-cutting
benefits (Synthesis)

- a. ~~Careers advancement does not~~
~~guarantee family comfort, its the time~~
~~spend with loved ones e.g., old-age homes~~
- b. ~~Social status is earned through~~
~~serving the humanity in free time~~
- c. ~~Class differences are bridged through~~
~~mutual harmony e.g., 100 houses~~
~~built by Hadiza Kiyani~~

You have comprehended the topic well, and your ideas are also

Date: _____

fine, but you need to work on your phrasing because it doesn't portray your actual thoughts.

Besides, work on your fragmentation because in an argumentative essay, you have to prioritise your Stance.

d. Balanced life creates a difference between a man and a machine e.g.,

Rule of 12 hours work for humans

e. States stand on human development

not only on human development

e.g. Book 'A man who sold his Ferrari'

"Early to bed and early to rise makes a man healthy, wealthy and wise" - is a most famous proverb that encapsulates the virtues of a disciplined living. It helps in managing personal growth, family responsibilities and ⁱⁿ achieving a bright future.

A difference between a man and a machine can be seen through well-balanced practices between

Wrong use of punctuation

the two. A man, who tries to create a discipline, always have time for himself as well as his

For

family. He gets mental peace in return that increases his productivity rate in personal and professional settings. The increase in productivity

Day: _____

Date: _____

means a progressive society and nation that spends more on economic development and not on basic health issues. However, the proponents of workaholic culture believe that it saves a man from old-age regrets like wasting time. A workaholic man builds a comfortable life for his family and bridges a class division. He also gets an early retirement and does not become a burden on the national exchequer, but helps in its growth. Still, a work-life balance overtakes the idea of career advancement by building social, family, and economic ties. It promotes ^{the principles of} humanity, harmony and mutual respect and does not make a man "a machine". Hence, it helps in both human development and economic development.

Balanced life style means managing twenty-four hours in a way that a man has time for himself, his family as well as his work.

Your language is good, but work
on your handwriting

Day: _____

Date: _____

A human is a social animal and he cannot spend life alone. He is dependent on others for his daily tasks and spending time on only one task would rupture the social fabric. Whereas, the concept of advanced career means to spend maximum portion of 24-hours working on a specific task. It leaves a man in isolation and cuts his ties with ^{other} humans and his responsibilities. Hypothetically speaking, it can guarantee a bright future in 20 years, what takes a man with balanced approach to achieve in 40-years. He ends^{up} with no family and around him to clap for his success, and to take care of his deteriorated health.

A balanced life, actually grants time to a man to spend on himself. A man has time for everybody except for himself - is often complained by various individuals. When a man ^{carefully} divides 24-hours in shorter

Substantially low argument
because you haven't validated
your argument with strong
evidence

Day: _____

Date: _____

segments to perform different activities
he ends up having crucial time for
himself. Practices like meditation and
yoga is an example of it. People
who dedicate one hour of a day
for meditation and yoga, in fact
exemplify the idea of a balanced
life-style. They spend early hours
of a day, freshen-up their bodies
that boost their energy to keep
going for the rest of the day. It
implies that well-managed time
enables a man to have time for
himself before serving and working
for others.

Not only personal time, it also
leaves enough room that a man
can ^{explore} more fields and professions.

It is another complaint of
youngsters that they are unaware
of their lives' purpose. They have
to manage studies, internships and
other daily tasks which does
not permit to explore more fields.

Day: _____

Date: _____

It is actually the reflection of those students and professionals who spend maximum time working on one task and cannot manage a balance. Eventually, they end up working for one company for as long as their health allows. However, we all know

~~Avoid 1st 2nd person
pronouns~~

~~as~~ examples of people who manage their studies, jobs, and explore other other fields like Dhruv Ranveer, a youtuber, ^{critical} educationist, ~~analyst~~ and a polymath. He gives credit of his success to a well-managed life-style. Indeed, only a balanced approach is a basic tool to manage between responsibilities and to keep exploring other fields.

It further helps in spending time with family members most of the people lack time to spend time ~~with~~ with their loved ones. The concept of balancing work life and family life, is to ~~does not work~~ at the cost of one's family. In countries like Pakistan, that have

Day: _____

Date: _____

a Traditional family setup- spending time with family holds much significance. Make family members work in day time and invest time in their parents, children, and wives in evening and night. They sit together and have a family dinner, where everyone discusses day to day routine. It helps in earning a livelihood and celebrating family festives on daily basis. To simply put, a dedicated and well-managed time gives a man enough time to spend with his family members.

A man who has time for his family, also finds mental peace and develops healthy habits by managing his time. Mental peace, these days, is more of an asset. If a man is burdenized with excessive work, his mental health gets affected by it. It also gives a chance that a man might develop bad habits eg., smoking and drinking to cope

up with his mental conditions. A man, who works at the time of work and rests at the time of rest, is considered a healthy person. A proverb "healthy body has a healthy mind" supports this idea. It means that someone who works at the time of rest, creates room for depression, anxiety and stress that leads to smoking and drinking. Hence, balanced approach in life brings peace and healthy habits.

A healthy mindset leads to^a highest productivity rate in personal and professional life. Productivity

through constant work. In fact, it is achieved through taking small breaks in between. Continuous working actually results into mental clogging. Life-management coaches often teach that work for 50-minutes and then take 10-minutes break to refresh muscle memory. Let's take the example of Pakistan's first

Oscar holder filmmaker Sharmin Obaid Chinai ^{happening} who filmed acid attacks in Pakistan. The core of her achievements is that she spent time on observing social stigmas and anti-women social practices. She managed her time to learn from her surroundings and then she filmed a master piece. It produced highest productivity in her personal and professional life - a true example of work-life balance.

At a large level, balanced life style results in a progressive society and a progressive nation.

The very first victim of ill-managed time is a person himself, then his family, a society, and eventually a nation. A man who only spends time on his work often develops health issues as discussed earlier. It results in higher government's spending on health issues. In case of Pakistan, government

Day: _____

Date: _____

spent ^{Rs.} 843.2 billion on health. It could have been spent on other development work, if at an individual level one focuses on managing his time well to look after himself. It raises healthy individuals and progressed economy with the help of healthy life styles. Hence, disciplined life limits spending on issues which can be avoided with reasonable approach to manage work and health side - by side.

On the other hand, proponents of advanced careers ~~growth~~ argue that it saves a man from old-age regrets that he spent his time on unproductive activities. Time is a wealth of a man. It is the most expensive commodity of modern times. One cannot waste it with friends and ⁱⁿ unnecessary social gatherings. One has to be responsible towards his time. The author of a memoir "Tuesdays with Morrie" wrote that

Day: _____

Date: _____

he does not have any regret of wasting his time. He spent crucial hours of his youth in achieving his life goals, and he is satisfied with his achievements? It means that advancement of goals and careers saves a man from old-age regrets.

Similarly, likewise, dedication towards one's career is necessary to build a comfortable lifestyle for family members. It is 21st century, and one has to fulfil expensive needs of his family members. In Pakistan, daily wage of a labourer is Rs. 37000/- which is not enough to manage a household. So, many people focus on the advancement of their careers, few work extra hours, few do double-jobs to become self-sufficient to manage their lives. Sooner the advancement is achieved, better to aim for more to build a comfortable life style for family members.

Write your conclusion in one paragraph

Day: _____

Date: _____

To conclude, it is crucial during inflation and low wage era to focus solely on career advancement.

It further bridges the class divided. It is a tool to fix class division currently prevalent in Pakistan. Classes are divided on the basis on wealth, so once the wealth is acquired this division ends. We have an

Come up with other good example

example of a business tycoon of Pakistan Malik Riaz, who started from scratch and established Bahria Town - a well-known housing society. He was focused on his career, dedicated all his time to his work, and became a name of most powerful, influential and wealthy people of the country. It implies that focused and dedicated approach bridges class division and makes a man powerful.