

# Brainstorming.

"Some People buy their past, while for others, the past buies them"

⇒ Introduction.

- Attention grabber / Hook
- Thesis statement

⇒

Dynamics of buying Past. in Nations.

- Characteristics
- Examples
  - Germany → leading EU nation through education.
  - South Africa
  - USA
- Mechanisms to move forward.
  - memorials & museum
  - dialogue & education

⇒ The burden of being buied by Past.

Characteristics:

- Nations struggle with unresolved grievances
- Ongoing conflicts and societal divisions.

Examples:

Palestine / Israel conflicts -

Consequences:

⇒ Societal divisions & lack of trust among communities

⇒ Hindrances in the development & international relations.

⇒ Factors influencing how Nations handle their past -

- leadership & governance
- Cultural Narratives & Identity
- International Influences

Conclusion -

CBS 2025

## English Essay

Some people bury their past, while for others, the past buies them

Outline:-

### 1- Introduction:-

Attention Grabber

General Statement:

Thesis: Those who bury their past often exhibits the remarkable strength and adaptability. Conversely the individuals the past becomes the overwhelming force that buies them. Same applies for the nation. As the nations around the globe grapple with the legacies of colonialism, genocide and war, the question arises: "Can a nation truly heal when its past remains an open wound?". While some nations celebrate their history as a foundation for progress, others find themselves shackled by it, caught in a cycle of trauma and division.

### 2- The Dynamics of Burying The Past

- 2.1: Past hardships as learning experience.
- 2.2: Examples of Positive outcomes
- 2.3: Mechanisms to move forward.

### 3. The Burden of Being Buied by Past:

- 3.1 Characteristics of being buied by Past
- 3.2 Examples
- 3.3 Consequences.

## 4- Factors affecting how Nations Handle their past

- 4.1: Leadership & ~~Gov~~
- 4.2: Good Governance
- 4.3: Cultural narratives
- 4.4: Identity
- 4.5: International influence.

## 5- Conclusions:

"What defines a person's journey: the strength to rise above their past or the weight of memories that drag them down?" This question encapsulates the stark reality of how individuals cope with their histories. The past is like a double edge sword, shaping our identities and influencing our choices. While others manage to bury their past, ~~and~~ using it as a catalyst for growth and renewal, others find themselves ensnared in its shadows. Those who bury their past often exhibit remarkable strength and adaptability. Conversely for many individuals the past becomes an overwhelming force that buries them. Same is the case for nations. As the nations around the globe grapple with the legacies of colonialism, genocide and war, the question arises: can a nation truly heal when its past remains an open wound? While some nations celebrate their history as foundation for progress others find themselves shackled by it. Caught in a cycle of trauma and division. Many people do not overcome the past traumas and excel in life. Like ~~as~~ nations, ~~to~~ nations build and destroy on the basis of their past and experiences.

Past hardships should be taken as a learning experience, these should be taken as a stimulant not as a stagnant. Past experiences should help to uphold the individual as well as nation. Positive attitude of individual and nation on the past uplifts the moral and helps in growth. After World War II, Germany broke down in pieces and faces the failure. Not even a century has passed to the WWII but Germany has become the leading nation in European Union. This all happened because of education and positive mindset of growth. Likewise USA got its independence from Britain. At that time USA has small area and then with resilience, determination and positive mindset to move forward in life and growth they ~~had~~ initially have only twenty two <sup>states</sup> colonies, they capture more ~~colony~~ <sup>states</sup> and now fifty states of USA are there. They went from the era of great depression. Americans got independence in sixteen century and now became <sup>one</sup> ~~the~~ <sup>of the</sup> leading nations of the world. ~~These~~ These nations took part as a learning experiences instead of grievances over past.

Nations struggles with unresolved grievances and still have a growing mindset - struggles for these types of nation are far beyond the limits. These became the burden of ongoing and struggling nations. Struggles for these nations are not just economic, education, and strategic but their struggle is the struggle for survival. These struggle to live. Their past buried them and remained on a sword -

Example is of the Israel Palestine conflict. Palestine is the verge of collapse as this nation lost its manpower but have only faith and are struggling to live. Israel has killed 400 forty thousand people of Palestine. This is all because of past unresolved issues and make these territories disputed.

These are the results of the societal divisions and the lack of trust among communities. These communities have kept these issues unresolved. Hindrances in the development and international relations are letting these issues

not to resolved and continued  
the conflict. These conflicts shows  
the hypocrisy of the world.  
Human rights violation is on  
the verge to collapse but  
still the issue remained unresolved.