

# Overpopulation: A Rising Monster

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- 1.2. Energy shortage
- 1.3. Land shortage and overcrowding

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- 2.1. Poverty and unemployment
- 2.2. Strain on educational institutions
- 2.3. Strain on healthcare facilities.

#### 3. Environmental Hazards

- 3.1. Pollution
- 3.2. Land degradation
- 3.3. Waste generation

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- 4.1. Mass migration issue
- 4.2. Poor urban planning
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iii. Why it is least addressed.

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## Introduction

"Overpopulation is the elephant in the room that nobody wants to talk about, Sir David Attenborough." Overpopulation refers to the a situation where number of people exceeds the capacity of environment to support them. Has it ever occurred to you that "what happens when there are more mouths to feed than food on table?" - Overpopulation is not just a numbers game - it is the ticking time bomb that could push our planet beyond its limit. Overpopulation is a global concern as it is difficult to imagine a world where clean water becomes a luxury, food shortages are norm and overcrowded cities are bursting at seam, which does not seem a dystopian future but a reality if left unchecked. The world achieved a milestone of five billion people in 1987 but now our planet teems with a staggering eight billion people. This exponential growth in population is alarming as it would bring other challenges along. Developing countries are dealing with this issue successfully but developing countries are struggling to deal with this ~~the~~ threat. Unfortunately,

Pakistan is one of them, standing as fifth most populous country in the world with 240 million people and highest growth rate of 1.96 percent in south Asia. Overpopulation is a rising monster as it leads to scarcity of resources, socio-economic issues, environmental hazards and management crisis in third world countries specifically Pakistan.