

ESSAY.

Topic: Why Men Fight

Brain Storming

- 1 Biological and evolutionary factors
- 2 Social and cultural norms
- 3 Ego and pride
- 4 Fear and self defense
- 5 Group identity and loyalty
- 6 Power dynamics
- 7 Emotional expressions
- 8 Learned behavior
- 9 Mental health factors
- 10 Contextual factors

Outline

Introduction

- hook
- thesis statement.

Body.

1. Economic Interest

- 1.1 Competition for resources
- 1.2 Primary needs
- 1.3 Conflicts over employment and job opportunities.

2. Nationalism and Patriotism

- 2.1 Territorial disputes and border conflicts
- 2.2 National identity and pride
- 2.3 National security concerns
- 2.4 Ideological differences

3. Social and cultural pressure

- 3.1 Social norms and expectations
- 3.2 Masculinity and gender roles
- 3.3 Generational conflicts
- 3.4 Urban vs rural differences.
- 3.5 Educational and socioeconomic disparities.

4. Instinct and emotion

- 4.1 Fear and self preservation
- 4.2 Instinctive responses (fight or flight)
- 4.3 Unconscious biases and triggers

5. Desire for adventure and excitement

- 5.1 Boredom and restlessness
- 5.2 Search for meaning and purpose
- 5.3 Desire for challenge and competition.
- 5.4 Rebellion against authority or convention

6. Group mentality and herd behaviour

- 6.1 Tribalism and intergroup conflict
- 6.2 Shared identity and collective narcissism
- 6.3 Diffusion of responsibility and
- 6.4 bystander effect

Conclusion.

- Summary
- Concluding statement

Introduction.

"Why men fight" is a book written by Bertrand Russell, first published in 1916. The book is philosophical and psychological analysis of the causes of war and violence, and it explores the reasons why men engage in conflict. Men fight for various reasons in terms to make their lives a better place and have a better future ahead. That constant struggle of reaching a desired goal subjects the individuals to the idea of fight; which makes them realize that sufferings are a necessary part of life, nothing could be achieved without hardships and constant efforts. At times hardships and constant efforts frustrate a man to a limit where fight is the only way to survive and have a better tomorrow and at times fight is an essential part to prove oneself and its loyalty towards state as officers do, recruited in different institutions for the welfare and the security of their motherland. Living in this society and the economic, emotional and territorial conditions have conditioned us in a way, where we consider

fight a necessary element for growth and our wellbeing. Though fight is not always in benefit at times we hurt ourselves and others to the extent where coming back to the normal is nearly impossible. However human beings are evolved in a certain manner that give rise to the idea of fight and conflict. Men are conditioned to fight by the different institutions of society such as; religion, nationalism and patriotism, social and culture pressure, economic interest and due to instinctual and emotional factors.