

# The Role of Sports in Fostering National Unity and Prosperity

## Outline

### ① Introduction:

Sports play the role of a backbone for a country by contributing in its national unity and prosperity.

### ② The Role of Sports in Fostering National Unity

2.1 Sports provides sense of equality

2.2 Fighting for the same cause develops unity

2.3 Competition with opponent naturally induces cohesion

2.4 Sports bring positivity and this positivity leads to unity

### ③ Sports Fostering Prosperity

3.1 Sports directly affect health

3.2 Sports bring wealth

3.3 Peace can be maintained through sports only

3.4 Sense of competition is developed through sports and this sense create opportunities

④ Conclusion

Ahmad was angry with his brother due to some financial loss. He came from office to home and called his wife loudly to make dinner for him. There was no one in the home to answer. Ahmad felt worried and again called his wife's name loudly, but no response. Focusing on the sounds, he noticed a faint sound from his brother's room. He did not want to go there; however, he was compelled to see for his family. When Ahmad opened his brother's room door, he was surprised to see that all and sundry were busy watching a cricket match on TV between Pakistan and India. This is the way sports unite the families despite having serious disputes among themselves. Sports make people forget what depressing things are going in their lives and provide a healthy, peaceful, and happy environment. Likewise families, Nations are also affected positively from sports. Countries in the world that are focusing on sports are comparatively more unite and prosperous than those countries that are not attracted towards sports. For instance, Australia is a peaceful and unite country

due to focusing on sports which is a healthy activity and make the public attitude positive. On the other hand, Afghanistan whose people are less engaged in sports consequently get attracted to aggressiveness that contributes in creating an unpeaceful environment in the country. Sports also bring wealth to the country as great wealth is involved in sports nowadays. In short, sports contributes very effectively in promoting national unity and ensuring prosperity in a country.

To begin with, sports promote sense of equality which is the crucial ingredient for national unity. Teams from different regions of the country face each other and every team is given a fair chance to represent its region in front of all. This fair treatment work like a fuel to develop a sense of being equally important like others. Teams that come from less-developed regions carry <sup>this</sup> sense of ~~the~~ equality to their villages and towns. Resultantly, masses <sup>there</sup> also absorb this sense from them and frame a positive image

about the people of other areas. For instance, Pakistan Super League (PSL), a Cricket league in Pakistan that is played every year, has helped to bring the people of every corner of Pakistan very closer. When a player that is resident of Lahore play for Karachi team, automatically fans of both Karachi and Lahore love to watch him. This scenario makes the people of two cities feel the same and hence a sense of unity is promoted.

Adding to the sense of equality promoting national unity, another thing that play a role to induce unity in the nation is the feel of unity that develops when players of a team fight for the same cause. For a time being, they forget what is going on around and every one ~~try~~ tries hard to defeat the opponent. They try together and put every possible effort that could bring them the win. This unity of players that even belong to different regions is reflected in the people of their respective regions also. A Punjabi worker feels not offended to work with the worker of

Blochistan or Sindh. Thus they work together and unity is established.

Furthermore, competition with opponents naturally induces cohesion among the people of the country. When there is a Hockey or a cricket match between Pakistan and India, the people of Khyber Pakhtunkhwa (KP) and Punjab feel the same. They watch every ball of the game with same excitement and patriotism. They feel sad the same way if they lose a match and celebrate with same tears of joy if they win. This brings unity among the people of Pakistan and develops a sense of brotherhood and harmony among them. They consider themselves parts of a one body that feel the same pain or joy whenever the other part is in pain or joy.

Similarly, sports bring positivity in the minds that in turn foster national unity. When a common man sees that every corner of the country is represented in sports, all are given an equal chance to represent and win,

themselves and win for their area, and all have the same emotions when facing an other international team; he feels equal to others and has a positive attitude towards other people of the country. This greatly helps in inducing and promoting national unity.

Besides sports promoting national unity, it also play a very important role in fostering the prosperity in a country. Health is a major sector that sports are connected with. It is said that if the playgrounds of a country are full, its hospitals are empty. Sports play a crucial role to ~~not~~ keep a person healthy as almost every sports is an exercise for the body. The junk food and the fatty food that people eat would have alarming consequences for people if they do not engage in any type of exercise. In our daily life, we see that people who are more busy in sports are comparatively healthier than those who do not play such sports. So Therefore, sports should be played for ~~having~~ a <sup>more</sup> fit and healthier life.

Along promoting health, sports also bring wealth to the country. Businesses grow when there are more sports activities. Foreigners come to the country and provide a chance for the local businessmen to generate revenue by providing them with food, hotel and entertainment. Moreover the medicine industry also see a growth in businesses when such ~~even~~ sports events happen in the country. Similarly, sports portray a soft image of the nation and hence attracts tourists from different regions of the world which then become a source of revenue. Furthermore, sports event is ~~the~~ within the country among national teams also encourages businesses ~~like~~ such as broadcasting advertisements, food businesses, and hotel business.

Besides health and wealth, Peace is another important goal that can be achieved through sports. First, busying the youth in sports activities will keep them away from being a prey of anti-state elements. Second, sports will help youth to fill its mind with positive thoughts instead of negative thoughts that come in mind.



when they are not engaged in any activity. Third, as discussed earlier, sports will develop a sense of equality in youth and no one would be able to instigate youth for anti-state activities based on their deprivation. Therefore, it can be said that sports could play an essential role in fostering peace in the country by ~~escape~~ rescuing the youth from the hands of terrorists and extremists. The peace prevailed will contribute in the overall prosperity of the country.

Last but not the least, sports develop a sense of competition among the people. This sense of competition make youth to work hard for their dreams on national and international level. Students, job seekers, players, and actors seek for opportunities in the country and outside the country. These opportunities help them grow and hence contribute in the prosperity of the country. For instance, a sports match between the developed Lahore and less-developed Waziristan will encourage the sense of

competition in the people of Waziristan. And if Waziristan wins over Lahore in that match, this will boost the confidence of the people in Waziristan and will feel themselves equally capable like the people of other developed regions. This confidence will make them even more hard-working and ultimately be the reason for the prosperity of Waziristan.

In a nutshell, it can be seen that sports not only promote national unity but also play a very crucial role to make a country prosperous. The sense of equality and the feel of cohesion guarantee national unity. Moreover, the role of sports in health and businesses cannot be denied. Similarly, youth can be controlled and handled through sports effectively. There is the need to focus on providing the people with more sports activities to ensure a nationally unite and prosperous Pakistan — the Pakistan that was the vision of Jinnah and Iqbal.