

## Growing ageing Population: Challenges and Remedies

### OUTLINE

#### 1- Introduction:

Thesis statement: The rapid ageing of population has created an imbalance in the age structure leading to increase in older age groups than their younger counterparts. This presents an unprecedented set of challenges that needs to be resolved for the prosperity of Country.

2- Growing ageing population is posing challenges for the state that require remedies.

3- Factors that are causing rapid ageing of population

a- Falling fertility rate has created an ageing population

b- The average life expectancy of an individual is increased.

c- Medical technology has advanced a lot.

d- Increase demand of effective birth control methods

e- population ageing is poised to become one of the most significant social transformations of twenty-first century.

f- Less immigration flow is responsible for rapid ageing process.

4- What are the challenges faced by the state because of growing ageing population

a- Increase in aged population has caused

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Shortage of labor force.

b- The dependency ratio of aged population is increased

c- Expenditure on health and long term has increased.

d- There is disease burden, especially the chronic diseases.

e- Increase taxation to meet pension demands has trapped people in vicious cycle of wage spiral resulting an impact on economy.

f- Delayed productivity results in reduced international competitiveness

g- There are less business expansion.

5- Remedies for potential challenges of growing ageing population

a- Opportunities should be provided to elderly to remain in workforce.

b- The Government should introduce gradual retirement scheme.

c- Must create new models of care that monitors and provide access to treatment at home.

d- Elderly should be rewarded for the voluntary activities

- Conclusion: