

Learning from the Past Paves the way for the Future

Introduction

How can learning from the past pave the way

- a) It makes one self reliant
- b) Character building
- c) Make one able to face the hurdles
- d) It strengthens decision making skills
- e) Makes one able to know the both sides of coin.

Drawbacks of ignoring the fact given in the statement

- a) Stagnant of growth
- b) Revolving; not evolving
- c) Anxiety and depression becomes hobby of them
- d) Lack of decision making
- e) Living under regrets

Methodologies in order to move away from past

- a) Parents should play their role
- b) Education is the Cornerstone

c) Sharing problems with friends
and ^{with} closed ones

d) Changing the living place can
reamp the thoughts

e) Should make oneself busy

Conclusion

"You couldn't erase the past. You couldn't even change it. But sometimes life offered you the opportunities to put it right", Ann Brashers. Learning from the past makes life beautiful, it paves the way for future. However, there are several challenges comes in moving away from past. Therefore, it is pertinent to take progressive measures to cope those hurdles. The learning from past makes one self reliant and build character. It also strengthens decision making skill and one able to face hardships. The ignorance of learning cost one stagnant growth and circulation of anxiety and depression. Additionally it decline one confidence level and make them compel to live in regrets. However, in order to cope move away from past and safeguard life ~~Parental~~ ~~role~~ can play the role. Furthermore, sharing problem, and changing the living place also can rework their thoughts building.

When one learn from mistakes, it makes them self resilient and independant. By relating to a normal person or to a country, every ones go to top from learning. The most important example is china and South Korea. Earlier they had problems on local government leads but since devolution of power and empowering local government their economy is flourishing. Similar learning play huge role on every individual life, now both these two countries are independant and self resilient.

Character builds through learning, it doesn't happen instantly. Those who face hardships and hurdles in their lives but does not take action to cope with and start living in it, they just destroying their lives. However, by making initiatives through learning ~~from~~ it and start action regarding coping, their character start building instantly. Hence learning from past and not letting depression and anxiety in makes one life ~~smooth~~ smooth.

It makes one able to face hardships. When someone goes through difficult times, be it their personal life or career related, all they should do is to learn from those bad days. When someone breaks up their relationship and it gets them stuck in their past lives, they won't flow with the world. However, it is pertinent to learn from them and those who learn from it, the upcoming life of them becomes beautiful as they already seen the hard times, so now they are able to face any sort of hardships.

It is evident that learning from past makes the future profitable. Indian example is the epitome of it. Their space agency launched recently Chandrayan-3 successfully. Indeed it was great success but the failure they faced in past is also visible. They failed two times but they didn't give up and tried to continue it by learning from their mistakes which they done it in past. Therefore, it is important to learn from past because it ultimately give one success just like India as they committed to their decision.

Mistake happens ones, but ignoring for them and not learn from it, is worst. In this regard Pakistan example is perfectly suited. Pakistan gave access to United States of America of using their land to invade Afghanistan back in 2001. America fulfilled her mission and ~~left~~ left Afghanistan in the hands of Taliban. After their departure the conditions of Pakistan devastated, whether it is security, economically or financially, Pakistan lost billion of dollars in this war on terror but got nothing. But now two years later America trying to enter Afghanistan once again but this time the situation is not same again and Pakistan already learned from mistake which they did in Past. Therefore it pertinent to learn and grow.

The drawbacks of ignoring the fact from learning caused the stagnant of growth. Pakistan is making same mistakes which they did in

early years. During Governor general Eghulam Goss judiciary was handling by him and it is visible in Dasso case, same thing is happening now. In this twenty first century the Pakistanis are living hundred years old life. world flourished but Pakistan growth is stagnant and it will continue, unless until it learns from past and take pragmatic measures to resolve those problems.

Additionally living in past makes one life revolve. they do not work on themselves, because they are living in their own imaginary world which not letting them allow to go outside. Their focus is limited to specific events, incidents or whatever things happened to them. So they revolve around and not learn from them. Their life become miserable and their growth stagnant. They lose in their lives but win in their imaginary world which is hell where they stuck in.

Furthermore, it stuck people in depression and anxiety. Those people live the rest of lives in disaster. Depression and anxiety makes their lives vulnerable and it costs their health as well. They just live in their own world and have no attention to world, infact not to their families. Drugs and other intoxicated things become part of their lives. ~~and~~ Their survival becomes burden to their parents and families. All this happen because of not learning from past and live in regrets.

By living in past and growing with the flowing world it becomes one life miserable. Those who live in past lost their potential in negative things which they are thinking of. They lose their potential and eventually it decline their confidence which make them able to not taking part in activities happening around. They lack their decision making skill and live rest of life in regrets.

One of drawback of sticking in past is makes one compel to live in regrets. As their dreams are went in vain and they ^{start} living the fantasy world, which is past, which makes them pleasure. But as soon they realize their dreams and goals life become so cruel to them and ^{then} those persons embrace the past where they feel happy.

In order to move away from past, the most important role should be played by parents. As they are the ones who know their strength and weakness. They should encourage them to not think about past and make them indulge in different activities.

This is the role parents can play and should play, they should keep eyes on them to not letting them allow to stuck in past. They should take proper care of them and tell them regarding all those bad qualities exist in this world.

Education is the most important thing by not letting allow negative thoughts in ones mind. Through education people grow and flourish. A well educated person never allow oneself to limited things, they learn from past and work hard towards future. Their life is focused and committed to upcoming events, and it comes through proper education. They know the importance of future. Therefore it is pertinent that education is the key to success.

Additionally it is also helpful to move away from past, through sharing with loved ones. As prominent saying that "sharing is caring", it is indeed important because it gives relief, it's like releasing the stress. By sharing problems is itself a learning, after living in past and bearing all those burdens and then deciding to share with others is a learning. Therefore, it is imperative to share and learn, one day that learning will give them success in upcoming life.

Living in same place and commemorating the old memories makes life miserable. Therefore, in order to move on from past one must change the living place. This is where one finds new people, new place and new environment, where their intentions not limiting to a particular thing, which they feel by living on same spot where that tragical incident happened to them. It is imperative to change the place and learn from mistakes, ultimately it will pave the way for future.

Last but not the least, ~~leaving~~ one ~~from past~~ should make themselves busy, it can be anything with, whether it is gaming or playing sports. The thing is after living some time busy it instantly lift the thoughts and makes one able to not go back to past. With this the development emergence start in personality growth. Therefore it is important to realize that being indulge in some activities ultimately change that whole thought process.

In a nutshell, learning from past
paves the way for future. It also brings
challenges in the shape of anxiety
and depression. For that matter progressive
measures to be taken to tackle the
challenges, from parenting role to education,
if the measures are not adapted realistically
it will have severe repercussions.