

NOA ENGLISH ESSAY MOCK JANUARY 2024.

Topic: Learning from the past paves the way for the future.

OUTLINE

1- Introduction.

Thesis Statement: Everything we go through in our lives is a learning lesson for us. Humans are bound to commit mistakes since nobody is born perfect. But these mistakes can be used as an opportunity to gain experience and give direction to the future.

2- Lessons from the past can make the path towards the future appear clearer.

3- Individuals undergo personal growth through reflection:

- a) Through learning from personal mistakes.
- b) Building mental toughness through adversity.
- c) Adjusting strategies based on previous failures.
- d) Viewing failures as stepping stone to progress.
- e) Adapting and applying lessons for personal success.

4- Unearthing lessons from history

- a) Historical events are valuable sources of knowledge.

- b) consequences of neglecting historical lessons.
 - c) applying historical insights to address contemporary challenges.
 - d) technological, scientific and societal progress resulting from past achievements.
 - e) historical examples of effective governance.
 - f) maintaining cultural heritage for resilience and shaping the future.
- 5- Learning from ecological histories.
- a) Impact of past environment decisions on present conditions.
 - b) ~~Exa~~ Sustainable past practices for a better future.
 - c) Integration of ecological lessons into future planning.
 - d) Lessons regarding climate change.
 - e) Future of the world is dependent upon human's realization of past mistakes.

6- Conclusion.

~ Learning From The Past Paves

The Way For The Future ~

A girl rummaged through her storage boxes which had been gathering dust in the attic for years. She was trying to find a card from college but came to a halt when she came across several rejection letters from jobs she had applied to after graduating. Countless memories flooded her mind and her eyes welled up with tears thinking about the struggle and stress she faced during that time. Then she sighed and smiled at those letters because if it wasn't for those rejections and experiences she would never had got the opportunity to be an entrepreneur and live her dream life. She tore up the letters and continued searching thinking how everything that happens has a lesson for us and directs our life... Humans are bound to commit mistakes since nobody is born perfect. But these mistakes can be used as an opportunity to gain experience and give direction to the future.

Individuals undergo personal growth through reflection, building mental toughness, adjusting strategies based on previous failures and viewing failures as stepping stones

for progress. Moreover history gives us a lot of lessons which can be applied to address contemporary challenges. Past achievements pave way for technological, scientific and societal progress as well as historical examples of effective governance. Additionally our planet can only be protected if we integrate ecological lessons into future planning and analyze impact of past environmental decisions on present conditions. The future of the world is dependent upon human's realization of past mistakes so that they learn from them and make their future better.

Everything that happens in life, happens for a reason. It cannot be denied that it is our past experiences which make us who we are today and shapes our future. Lessons learned from the past can undoubtedly make the path towards the future appear clearer. Whether we look at individuals, societies or countries as a whole, all go through the same process which sheds light on the importance of realizing it sooner rather than later. Dwelling over past occurrences instead of seeing them as an opportunity to evolve is the gravest mistake one can make.

Individuals undergo personal growth through learning from their mistakes.

Scientists would never be able to invent anything if they gave up after the first try.

Trial and error is a part and parcel of every person's life which shapes one's future,

Newton conducted countless experiments before he made astounding discoveries which make the world remember him to this date.

Adversity in experiences also makes people

develop mental toughness for any similar experience they may encounter in the

future. This is because our brain is sensitive to new experiences and the

unknown areas to the humans. But as

people get to try out different things and

face various struggles, the brain adapts to

the situation more quickly than before.

Hazrat Muhammad (S.A.W) had to face

situations which would have mentally

tortured him in his conquest to spread

the message of Allah. However he (S.A.W)

developed mental toughness and remained

steadfast as he was aware that he would

continue to face these situations again and

again as long as he preaches Islam. In

the future, his examples of perseverance

are cited world wide.

Individuals should come up with strategies to avoid previous failures in the future.

This would give them a direction and a set strategy to live their life according to their aims. As **Martin Luther King** once said:

All problems

are "All progress is precarious and the solution to one problem brings us face to face with another problem."

Therefore, it is better to strategize and treat these problems as building blocks of one's future.

Failures should be viewed as stepping stones towards progress. This is because without failures we won't get to know our weaknesses and how to address them. It is only in the face of failure that we realize our shortcomings to be better able to amend them for a bright future. **12th Fail**, a Bollywood movie is based on the true story of a boy from rural India, who used to fail if he could not cheat but he sought inspiration from a police officer and that one interaction with him completely changed his outlook towards exams. He never cheated again and became an officer after countless struggle.

This shows how a single past experience helped the boy learn something beneficial which set his future for good.

These lessons learned from past experiences should be adopted and applied to ensure personal success as highlighted in the case study above. **Mommi Muneeba Mazari** is called as "iron lady" of Pakistan who got out of an abusive relationship with her husband and a car accident which left her immobilized to become a voice for the women across the country who face similar situations at their homes.

So, she did not let her past and one tragic incident dictate her life, instead she let it pave the way for a better future ahead.

Historical lessons are also extremely valuable sources of knowledge when it comes to utilizing them for benefit. Numerous instances in history are proof of this statement.

United Nations came into existence after World War II, to prevent such a war from happening again. Even though it has not been successful in avoiding wars altogether, it has to some extent provided a platform for international talks and peacekeeping missions.