

Growing aging population: challenges and remedies

Outline

1) Introduction

a) Thesis Statement:

Growing aging population has become a major challenge in the world. Growing aging population poses more challenges and threats than benefits. The world population is growing exponentially. However, the availability of contraceptive methods, increase in girls literacy rate, and empowerment of women can help to reduce the exponential growth rate of population. Role of media and clergy is also very important in this regard.

2) What is meant by growing aging population.

3) The causes of growing aging population.

a) Illiteracy of women is the big cause of overpopulation.

b) Inadequate access to health

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facilities and contraceptive methods.

c) Need more hands to fulfill the basic necessities of life.

4 Challenges of growing aging population

a) Growing aging population increases the poverty rate.

b) Governments face difficulties in performing their administrative tasks

c) Conflicts can rise on the unavailability of natural resources.

d) Growing aging population is the big cause of climate change

e) Growing population contributes to pollution

f) Unemployment rate increases due to exponential population growth.

g) Growing population rate leads to increase in criminal activities.

5 Remedies for growing aging population

a) Ensure the availability of contraceptive methods to everybody.

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b) Empower women in every field of life.

c) Increase the literacy rate of both men and women.

d) Religious scholars and community leaders can play a role to stop the exponential growth rate of population.

b Conclusion

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Climate change and the unprecedented growth in crime rates are the challenges posed by population growth rate. However, the availability of contraceptive methods, empowerment of women and increase in the literacy rate of women, are the remedies of growing aging population. Religious scholars and community leaders can also play a part to stop the growing aging population.

The human history is witness to the fact that human population growth rate increased unprecedently after the industrial revolution. In the beginning of 20th century, the world population crossed the digit of One billion. Within the thirty years, the world population crossed the digit of two billion. In the end of 20th century, the world population rose up to, five billion billion. In

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2022 the world population crossed the digit of eight billion. This shows that the world population is growing tremendously. Humans are adding one billion people within fifteen years.

Having discussed with growing aging population, now discussed the major causes that led to unprecedented population growth rate.

Illiteracy rate is the big cause of overpopulation. Illiteracy rate of women ~~to~~ means half of the world population has no access to education. Education is one of the basic necessities and blessings of life. Education plays an important role to improve the life standard of human beings. Due to illiteracy,

women remain unaware of their basic rights. Especially in developing countries, women remain deprived of their reproductive rights.

Family planning is the only concern of men in developing countries.

For example, a country like Pakistan where female literacy rate is just 51.9%, according to the economic survey of Pakistan (2022-23). This shows that women remains deprived of their basic rights and this is also a big cause of growing aging population.

Inadequate access to health facilities and contraceptive methods is also one of the major reasons of growing aging population. People do not have access to basic necessities of life. Health facilities and contraceptive methods are not available to them. In some countries and societies, women

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are not allowed to move outside the four walls of a house without the permission of their husbands. Inadequate access to health facilities and contraceptive methods promotes the exponential growth rate. For example, many African countries are struggling with food and ~~drink~~ water. So, health facilities and availability of contraceptive methods become a privilege for these poor people. This demonstrate that unavailability of health facilities and contraceptive methods are the big cause of growing aging population.

Similarly, the poor people produce more children because they need more hands to fulfill the basic necessities of life. Poor people do not have access to education, food, clean drinking water and jobs.

They produce more children and compell them to earn to feed their brothers and sisters. In many developing and undeveloped countries, poor people have more children than ^{that of} middle and elite class. According to the World Bank, the poverty rate of Pakistan is 40 percent. This shows that developing countries are more populous because of poverty.

Having discussed with the major causes of growing aging population, now discussed the major challenges posed by growing aging population.

The One of ^{the} big challenges posed by growing population is the unprecedented increase in poverty rate. It is observed that those countries which are ^{more} poor, are more populous. This is

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because these people have no access to the basic necessities of life. Poor people are uneducated. They have no source of earning. So they produce more children for child labour.

In this way poor people feed their families. According to the World Bank, more than 30 million children are child labour. It means that within few years more than 30 million people will be added in the category of poor people. This shows that growing aging population leads to increase in poverty rate.

Likewise, governments face difficulties in performing their administrative tasks. In the age of 21st century, governments are responsible for the welfare of public. But, governments fails to deliver and manage the administrative tasks.

Governments fail to provide the basic opportunities for the improvement of their lives. For example, the underdeveloped country like Afghanistan, where people do not have equal access to food and clean drinking water. Women are not allowed to get education. This explains that governments face challenges to perform their administrative tasks due to growing aging population.

Governments do not only face difficulties in performing their administrative tasks but they also face the threats of rising conflicts on the unavailability of natural resources. Population is growing at exponential growth rate. But people are also facing serious challenges posed by environment. Drought, floods, extreme heat waves and many others are the

Challenges that are threats to humanity in great nature.

According to the Italian Meteorology Agency, more than 60,000 thousands people have died due to extreme waves in the past few years.

These extreme waves are the result of global warming. ^{The} Growing aging population is the big cause of global warming. This shows that conflicts can rise on the unavailability of natural resources in the world.

In the same manner, Growing aging population is the big cause of climate change. The world is really struggling with the problem of climate change.

Climate change poses not only threat to human but also other living bodies on the earth. Due to climate change, which is caused by growing aging population, a number of

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people are being displaced from one place to another. For example, The floods in Pakistan in 2022 have affected more than one third of total population of Pakistan. These floods also generate many other problems such as inadequate access to education and health facilities. (World Bank)

This shows that population growth rate is the big cause of climate change which is adversely impacted the whole world.

Growing aging population is not only the big cause of climate change but it also contributes in population. It is the fact that when the population grows than the wastage material will also grow. Population growth rate contributes to every kind of pollution such as land pollution, air pollution, water pollution,

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sound pollution and many more. Pollution adversely impact on the humans. Human faces several kind of health issues due to pollution. It also leads to decrease in life. For example, New Delhi, which is one of the most populous cities is also one of the most polluted cities in the world. This shows that population growth rate leads to increase in pollution rate which poses several health issues to humans.

In the same way, unemployment rate also increases due to exponential population growth rate. When the population grows unprecedently, then it becomes difficult for a country's economy to absorb all the people. Many countries are facing the challenge of unemployment in their country.

due to population growth rate. Governments become unable to offer them good jobs. In this way, these people become unable to afford their basic needs of their lives.

According to Economic Survey of Pakistan (2022-23), unemployment rate is 6.5 percent. Pakistan which is the 5th most populous country in the world is grappling with the challenge of unemployment. This shows that growing aging population leads to unemployment in the country.

Growing aging population is not only the cause of high unemployment rate but also a cause of high criminal rate in the country.

Due to unchecked population growth rate, unemployment increases unprecedently. Therefore, people become unable to feed their children and they involve

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In criminal activities to sex-
feed their children. In this
way criminal activities increases
in the populous countries. For
example, In New Delhi which is
the most populous city of India,
has the highest crime rate record.
This shows that crime rate
increases due to increase in
population growth rate.

Having discussed the big challenges
of growing aging population. Now
discussed the good remedies for
growing aging population.

One of the best remedies to
counter growing aging population
is ~~that~~ to ensure the availability
of contraceptive methods to
every adult person. It is
observed that the developed
countries ensure the availability
of contraceptive methods. There fore

They are facing negative population growth. Developed countries like China, UK, US, Canada and many other developed countries have ensured the access to contraceptive methods and medicine. For example, In United Kingdom, everybody has free access to contraceptive pills and methods. Therefore it is facing negative population growth rate. This shows that ^{the} availability of contraceptive methods encounter the growing aging population.

In the same manner, empowerment of women also help to stop the growing aging population. In this way, women become familiar of their reproductive and other legal, social and economic rights. So, empowerment of women leads to family planning which helps to

to stop the unprecedented growth rate of population. For example European countries where women are more empowered as compared to other developing countries, ~~are facing the~~ challenge have successfully controlled their population growth rate. This shows that empowerment of women is a good solution to stop the growing aging population.

Another good remedy to stop the growing aging population is to increase the literacy rate of both men and women. It is observed that those countries where literacy rate is improved, have controlled their population growth rate. This is because education helps them to understand the fact that bearing more children will lead them to more challenges.

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For example, a country like Finland which has 100 percent literacy rate, has successfully managed their population growth rate. It is also on the top of list which has achieved gender equality. This shows that education is the best solution to manage population growth rate.

Likewise, religious scholars and community leaders can play their important role to stop the unprecedented population growth. Because people listen and follow their community and religious leaders. There are many examples in which countries use the voices of their religious and community leaders to manage the population growth rate. For

example, Bangladesh, Iran, Indonesia and many other countries used

the voices of their religious leaders to manage their population growth rate. Their growth rate is well below the one percent.

This explain that religious leaders and community leaders are a viable solution of this problem.

In conclusion, the unchecked population growth rate poses several challenges to the whole world. The major challenges are the increase in poverty, difficulties faced by governments to perform their administrative task. Growing agmy population is also the big cause of climate change and pollution.

It also poses the challenge of ^{high} unemployment rate and high rate of criminal activities. But the availability of contraceptive methods to everybody, empowerment of women and increase

in literacy rate are the remedies that can counter the growing aging population. The another remedy is the positive role of religious scholars and community leaders to stop the growing aging population. In this way, the world can control the unchecked population growth rate.