

A ship is safe in harbours  
but that is not what ships  
are built for.

## Outline

### 1) Introduction

Mention the topic in the thesis

Thesis statement:- Although remaining in comfort zone like the harboured ship put us in safe zone, yet it doesn't fulfill the purpose of our creation. Not embracing the challenges and taking risks <sup>in exploring other potential avenue</sup>, hampers the capabilities of individuals and communities in a very wide manner. It also <sup>notion's</sup> ~~gravely~~ affects gravely, in terms of their social, economical and cultural development.

Lengthy thesis statement....

2) ~~How~~ <sup>Why</sup> always remaining in comfort zone is a detrimental to one's abilities. (crunch paragraph)

3) How always seeking safe haven affects individual, family and other immediate relationships

a) It hamper's person capacity for <sup>embracing</sup> positive change

b) Hinders individual mental and spiritual growth

Link arguments to the topic. How these things are we bot built for?

c) Status quo of familial conditions remains the same

d) Results in unhealthy immediate relationships.

4) Impacts <sup>of not embracing challenges,</sup> on profession and society

a) It deters one's professional growth

b) Society shirks hardwork and merit

c) Leads towards societal degenerations

d) Aids in the rise of social evils.

e) Low cultural innovations, can

leads it towards its diminished

5) Brooder consequences of entities that ~~can~~ prefers to remain in safe zone.

a) Intellectual abilities remain unenhanced.

The topic is not understood properly and hence the outline is not relevant

- b) It goes against the God commandments
- c) Becomes irrelevant in the realms of politics.
- d) Hampers economic development.
- e) History is replete with the success stories of nations that embraces challenges.
- f) Risk taking notions guide other nations from their experience.
- 6) Sometime - comfort zone also a lead is also needed
  - a) It gives necessary time for contemplation of mistakes
  - b) Circumstances, where a temporary pause is necessary for having suitable time.
- 7) Conclusion.

Start from the next page

Although remaining in comfort zone, like the harboured ship put us in safe zone,

yet it doesn't fulfill the purpose of our creation. Do not taking the risks and fearing from embracing the challenges - that are required in exploring new potential avenues - hampers the capabilities of individuals and communities in a very wide manner.

It also affects nation's gravely, in term of their socio-economic development. This is in stark contrast with <sup>the purpose behind</sup> a man's creation, as Allah, the Almighty in Quran says "Surely, we have created mankind into handships" (90:4). This means that Allah has bestowed a man with the natural abilities that are necessary for taking on

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the challenges, when he explores for new avenues. This means that if we, <sup>human beings,</sup> fear from taking risks, we are eroding the naturally endowed capabilities present inside us. This will affect us in many ways, as it hampers person's capacity for embracing positive change, eroding its mental and spiritual growth. It also preserves the status quo, and unhealthy relationship, as individual doesn't want to face difficulties in mending them. Further, professional growth is also deterred and the society leads towards its degeneration, also, there is a risk of culture diminishes of societies. It doesn't confine

only to individuals and society but also affects the socio-economic, intellectual and religious domains of the nation. Those, who undertake the risk of taking challenges in their quest of exploring avenues are not only successful, but also are the world's leaders.

Hijrat and Jihad are the two important concepts of Islam. Hijrat means to "migrate for better avenues" and Jihad means "a continuous struggle". In Islam, both are done <sup>by man</sup> for their elevation in socio-economic, and spiritual terms. These two requires perseverance, determination

self-sacrifice and other attributes that are often very painstaking.

These attributes requires the abandonment<sup>on</sup> of comfort zone, and taking risks, and embracing challenges.

The <sup>Almighty</sup> creator loves all

those that do all

these kinds of stuff.

By not doing so, they

(human beings) not only

erodes their natural abilities

but also lose the opportunity

of elevating their status both in this and hereafter

world. Thus, not seeking

a safe haven and

continuing the journey

of life, on exploring

the "open seas" and not

confining itself on a safe

and comfort zone is a necessary condition ~~of God creating us~~ for the fulfilment of our purpose of creation.

Conjuring to a safe and comfort zone and not taking the necessary risks affects humans in

many ways. First among them is, it hampers person's capacity for embracing positive

change. As change demands the person to ~~be~~ inflict a pain on oneself, failure

of which means that the change will not be imposed on him. Every change,

requires the individuals to leave his comfort

zone and work on

it. As the famous saying goes



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"God helps those who help themselves". Thus, it means that change can only occur when only the respective person is willing to embrace <sup>that</sup> challenges that will come in the path of attaining it.

It also hinders the individual spiritual and mental growth. As human mind is created in a such a way that the more one pit ~~resistance~~ <sup>and</sup> challenges to it, the more ~~he~~ <sup>it</sup> becomes ~~trier~~ strong.

By not embracing the challenge, a person put his brain in an idle condition, that does very little work. As the famous

saying "Idle man's brain is  
the devil's workshop. Thus  
this condition of mind  
results in individual  
mental's growth."

Besides these  
aspects, it also results  
in preserving the <sup>status quo</sup> of  
conditions. As every condition  
the ~~is~~ improving the  
conditions, again requires  
the abandoning of comfort  
zone. This is because  
when one wants to  
change the condition  
of its family, they  
have to face a  
stiff resistance from  
both its own family  
members and from  
society. As, for instance

a woman who doesn't raise voice against the patriarchal mindset of its family, results them in facing a perpetual gender discrimination for its whole life.

All of these aspects, also adds to ~~the~~ resulting unhealthy relationships. Also As

a the person's with hindering mental growth, and societies with preferring themselves to remain in their status quo results in unhealthy atmosphere for relationships. This has been evident from the world's societies like Scandinavian and European societies,

where there is a greater tolerance, freedom that in turn results them towards having a healthy atmosphere for relationships.

Along with impacting individuals and family, not embracing challenges also adversely affect on professionals and society.

As it deters one's professional growth. In contemporary world a profession requires evolving itself into new dimensions, daily that requires rigorous work. This has to be accompanied with lot of daunting challenges. By not embracing

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these challenges put a significantly detour in professional growth.

Also, the society that are officials of taking the challenges shirk the hard work and merit.

So these tasks requires alot of work that needs attributes like hard work and merit. Those societies, who can do

nothing for themselves also wants that there exist a culture where all others also shirks hardwork. Thus resulting in a society afraid of hardwork.

This shirking of

hard work leads them towards societal degeneration. As according to the theory of "Behaviourism" proposed by John B. Watson, every person learns from the stimuli (condition) presents in the society that moulds their character (Brittanica; Science and Tech behaviour). Thus it results in overall societal degeneration which also aids in the rise of social evils.

One of the other affect due to not taking on the risks associated with

venturing into new avenues  
results in <sup>low</sup> cultural innovation.

As for culture, new  
ideas addition and removing  
ideas is needed. which  
also needs overwhelming

tasks. Failure of which  
may also result in  
into diminishment also

There are also  
the broader impacts on

entities that prefer  
to remain in safe

one zone. One of them

is that their intellectual  
abilities remain enhanced.

As, the intellectual  
abilities like creativity,  
entrepreneurship and others  
requires hard work, which

if following the path

of safe zone results  
in <sup>hindering</sup> that abilities of  
mind. As according  
to cognitive perspective,  
of sociology everything  
is related with  
mind, all else has  
has an underlying  
connection with it. Thus,  
mind when not embracing  
the ~~to~~ hard pain  
results in intellectual  
underachievement.

Further, it also  
against the God  
Commander's and  
religious doctrines  
do nature has  
endowed the man  
with all the  
necessary stuff for



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embracing challenges, as not  
utilizing them properly  
results in an unhelpful  
attitude towards nature

Thus results in violation  
of religious doctrine

Further, it also  
hampers the economic  
development of a nation

As there are resources  
that are naturally

endowed to it and

not utilizing them

properly by not harnessing  
them, results in their

underutilization, which in

turn means that they

are not for this

purpose. For example

Pakistan has an

50 GW hydel, and 100 GW

Ther coal potential, yet it  
mainly relies on  
imported fuels (Shazia  
Hassan, Pakistan untapped energy  
potential, June 2023). Thus  
not leaving a comfort  
zone, Pakistan suffers  
from ~~the~~ chronic economic  
crisis.

History is  
replete with the  
success stories of  
the nations that  
embraces the challenges  
and taking the  
risks as they  
leave their safe  
heaven in their  
quest of new  
experiences. They  
also guide others

nations <sup>in</sup> to learning from  
from their experience

However, sometime  
comfort zone is also  
needed, as it

gives necessary time  
from contemplation  
of mistakes. This

gives a very necessary  
resource connection

time for again  
going towards their  
task for having

self-actualization,

As from ~~Bel~~ Maslow's

hierarchy self  
actualization can only

be achieved when

all of the above

fundamentals are  
addressed

In a nutshell, one can say that if human beings fear of taking risks, embracing challenges in the quest of their ventures of exploring new avenues not only affects the individuals and its family, but it also affects its professional life. Further it also inflicts severe losses on nation and society economic and religious development. It is because, like the harboured ship which though are safe, yet not fulfil their necessary requirement.

of its creation, its  
making purpose is to  
sail through the open  
seas that involves

risk. As Mark Zuckerberg

says "The biggest risk  
is not taking any

risk", which means

that taking risks

embracing challenges are

very essence for  
life success and

our behavior

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