

A ship is safe in the harbour,
but that is not what ships are
built for.

Outline :

1- Introduction

Thesis Statement: While comfort brings ease, true growth and fulfillment often lie beyond the familiar shores, demanding courage to navigate the vast potential and challenges that lie outside ~~the~~ harbors.

2- Embracing the open seas and Leaving the harbour matters.

3- Setting Sail for Personal growth

a- Stepping outside established routines spark self-discovery.

b- Facing challenges build resilience to overcome obstacles.

c- Leaving comfort zone allows pursuits ~~at~~ aligning with one's deepest desires.

d- Venturing beyond familiar territories broaden perspectives and inspire others.

4- Navigating Social Seas

a- Challenging the status quo for societal progress

b- Societies that embrace change and innovation are better equipped to face future challenges.

c- Exploring alternative solutions can lead to more sustainable practices.

5- Charting National and Global Course

- a- Engaging with other nations through dialogue promotes understanding
- b- Tackling complex issues demand collective action and leaving comfort zone.
- c- Collaborating in intelligence sharing and coordinated operations enhance international security.
- d- Achieving sustainable development goals by working collectively.

6- Conclusion

In the harbor of comfort, ships rest, but Prophet (SAW) exemplified that greatness emerges from the turbulent waves of trials. His steadfast commitment to spreading Islam echoes the truth that the true purpose transcends the safety of the harbour; it lies in the conquering of vast oceans of challenges. While comfort brings ease, true growth and fulfillment often lie beyond the familiar shores, demanding courage to navigate the vast potential and challenges that lie outside the harbours. Setting sail for personal growth sparks self-discovery and builds resilience to overcome the obstacles and barriers. Leaving

Comfort zone allows pursuits aligning with one's deepest desires and broadens perspectives by travelling beyond the known boundaries. Navigating social seas challenges the status quo for societal progress making societies better equipped to face the future challenges. Moreover, exploring alternative solutions can lead to more sustainable practices. In the national and global arena, engaging with other nations through dialogues promote peace. Global collaboration is also crucial for tackling the complex issues and ~~so~~ international security concerns. Stepping out the comfort zone and sailing the ship in the sea of challenges is ~~no~~ necessary to achieve the desired outcomes.

True growth lies beyond the comfort zone. Just like a ship, that is more safe in the harbour but that is not what it is built for, the true potential can be achieved by stepping out of one's safe and comfort zone.

Stepping outside the established routines sparks individualism and self-discovery.

Transcending the comfort zone helps boost one's own potential and personal growth. The prime example is Malala Yousafzai who stepped out of her comfort zone and advocated for the education rights of young girls of her society. Despite having security threats, she stuck to her goal that transformed her into a more stronger voice and made her an icon and inspiration for young girls. Her courageous fight, inspite of the security threats, exemplifies pursuing individual potential.

Facing challenges build resilience to overcome obstacles. Leaving behind the comfort zone brings so many barriers in one's way but those barriers make one more resilient and strong to fight against the challenges. Nelson Mandela was incarcerated for 27 years. He embraced

the challenges and stayed imprisoned fighting for the rights of his people. His unprecedented struggle made him the face of resilience. ~~and~~ All those years he spent in prison made him more strong and later he emerged as a leader that people still remember today. Mandela left his comfort zone behind and explored his true potential by fighting for the rights of his people.

Leaving comfort zones allow pursuits aligning with one's deepest desires. Stepping out the comfort zone helps people to explore the things that inspire them the most. Steve Jobs of Apple, Elon Musk of SpaceX, and Mark Zuckerberg of Facebook were college dropouts but they did not stop and kept struggling for their desires. Despite facing criticism and challenges, they were able to bring revolution in the technological industry. They sailed their ships in the sea of technology facing all the waves of criticism and finally reaching their destination.

Venturing beyond familiar territories broadens perspectives and inspires others.

Sailing the ship to explore the unfamiliar territories expands knowledge and worldview.

Pakistani first mountaineer to summit Mount Everest, Samina Baig is inspiration to all the young girls ~~and~~ ~~who~~ who want to explore the unexplored world.

Despite facing challenges being a woman, Samina Baig continued to achieve her desired goal of exploring the mountains and became the symbol of courage for the other females.

Stepping out the comfort zone helps challenge the status quo for driving social change. Malala Yousafzai's campaign for girl's education; in a society where women were kept at home and women were given security threats if anyone of them ~~were~~ left the home, exemplifies challenging the status quo for societal progress. Malala's struggle helped bring the policy changes and increased enrollment of girls in her society.

Societies that embrace changes and innovation are better equipped to face future challenges. Societies that sail their ships rather than keeping them in harbour are more likely to achieve their future goals. The prime example is of Japan. Japan's focus on technological advancement helped them recover from natural disaster.

Japan kept sailing its ship to explore the technological advancements that helped ~~to~~ it recover from all the challenges it faced.

Exploring alternative solutions can lead to more sustainable practices. Leaving behind the conventional ways and finding the ^{advanced} ~~new~~ ways help ~~to~~ bringing ⁱⁿ the required change. Tesla's Electric Vehicles ~~is~~ challenged the dominance of fossil fuels. Tesla's initiative in the world of fossil fuel's dominated vehicles ~~was~~ is a ray of light in the dark as the world is going through severe climate crises. ~~Without~~ if ~~were~~ not ^{for} the Tesla's initiative ~~in~~ in E-vehicles, the world would ~~be~~ ^{be} struggling for the alternatives of fossil fuels.

Leaving the comfort zone behind and engaging in talks and dialogues with other nations promote peace and understanding. Stepping out the confined boundaries help nations to foster fruitful and peaceful relations with other countries.

KSA - Iran Rapprochement can be the best example in this regard. Both countries stepped up to re-establish the peace with each other and took decision to recontinue their diplomatic relation which were cut off in 2016 following the unprecedented events. Saudi - Iran detente demonstrates the importance of establishing peaceful relations ~~that~~ which are not only necessary for the both countries but also necessary for the peace of the world.

Tackling complex global issues demand collective action and leaving comfort zones. The solution of the global crises lies in the collaborative action of all the countries. **Climate Crises** is one of the major global issues. Climate crises exacerbated by the activities of developed as well as developing countries but its major repercussions are for developing countries

including Pakistan. Most of the world economies are dependent on fossil fuels but it is high time to take individual and collective steps to shift the economy from fossil to green by taking some strict measures. These may not be beneficial for countries in the shorter run but are necessary for the sustainable world in the longer run.

Collaborating in intelligence sharing and coordinated operations enhance international security. Stepping out the boundaries of self-interest and collaborating with others for the global-interest is essential for tackling the security issues around the globe. The collaborative intelligence report of 5-Eye exposed India of killing the Sikh on the soil of other countries. 5-Eye is collaborative intelligence of US, UK, Australia, New-Zealand, and Canada.

By taking collaborative steps, the international security risks and issues can be resolved.

The collaborative working of nations is necessary in ~~the~~ achieving the sustainable development goals (SDGs). Stepping out the boundaries of one's own interests and working for the global interests is essential. ~~It~~ In order to achieve the set SDGs to combat the global hunger, poverty, climate crises, and gender inequality, collective working of all the nations is must. This can be done only if the countries step out of their comfort zones and play their role in the collective effort.

In a nutshell, the true progress doesnot lie in restricting oneself to the confined boundry but lie in exploring the unexplored world by leaving the comfort zone behind. In the words of Donald Wasch, "Life begins at the end of your comfort zone". This saying resonates with the fact that true potential can be explored by stepping out the comfort zone and ~~making~~ living the life in true spirit, facing the challenges and making own way to conquer the world as well said

by someone that "No pain, No gain".

