

Essay - 7

1 Introduction

Thesis Statement: If comfort zones are not challenged, true potential may never be achieved. It is very much possible that one may never leave the safety of their environment but as a result loses all the bright prospects that they were inherently made to explore

2 Crunch Paragraph

3 Individual has to escape comfort to unlock potential

a Fear of losing it all.

b Contemporary safe situation diminishes all ambitions

c Mental cage is the hardest to escape

d Exploring unknown territory may bring misfortune to loved ones

e Being ambitious may result in biases

4 Avoiding the exploration of true potential on a societal level.

a Walking the beaten path of the society

- b Guarantee of limited success kills the possibility of glorious action
- c limited foreseeable success in safe space
- d Becoming an outcast for taking different route than peers
- e The best inspiration at moment may be that of "play it safe"
- f Why live a life of adventure when you have it all

5 Broader aspect of getting out of safe zone

- a Education helps to unlock the true potential
- b Islam encourages the life of adventure
- c Political regime must set an example of exploring new horizons
- d Economic and financial institution should facilitate exploration of true self
- e History as a proof of rewarding exploration
- f Mass action of finding true self will help break mental barriers
- g Understanding that doing one is meant to do is once in a life time opportunity

6 Conclusion

If comfort zones are not challenged, true potential may never be achieved. It is very much possible that one may never leave the safety of their environment but as a result loses all the bright prospects that they were inherently made to explore. Ibn Battuta, Christopher Columbus, and many more like them left the safety of their environment to embark on the journey of exploring the new world. In the pursuit of this exploration they discovered their true self. It is prudent to escape comfort to unlock true potential. Individual may face the fear of losing it all but staying in safe zones will only diminish ambitions. Mental limitations must be addressed before taking any action. Society as a whole plays an important role in facilitating individuals in doing what they were meant to do. Humans are social animal, we are meant to explore and more. This quality of taking risk and embarking on adventure has made us what we are today. History is the proof that those who explored their true potential despite all prejudices endured and flourished.

A ship is a metaphor of any thing or person which is capable to performing glorious action. A physicist breaking the mental limtion and understanding the unknown phenomenons of the universe. It could be an object like super effective sattelite which on earth may not serve any real purpose, but one launched in space may solve the problem of restricted data.

Despite of what our current situation is, we can never know what we are capable of if we donot embark on the journey of exploring the world. Safe zone is not necessarily the best zone and may be contradictory to true nature

One of the biggest challenge of remaining in the comfort zone is the fear of losing what one already posesess. This fear stops the individual from unlocking their true potential. If Ibn Battuta had not embarked on his journey due to fear, he would have never made the discoveries that propelled 'islam into its golden age. Therefore fear must not be the reason for not exploring ones true self.

Not only is fear the only limitation but the contemporary situation being too comfortable. This comfort is diminishing all ambitions in a person. In comfort one is content that nothing more has to be done as everything one can need is already present. In Islam the institution of zakat is not only for the help of needy but also the giver. In the philosophy of Kaempfer. Once the society was so flourishing that there were no more recipients left of zakat. This fact led to further exploration of Islamic territories and by giving the revenues of state treasury only increased. Hence it is clear that leaving comfort zone will only revive prosperity and potential.

Inability to leave the contemporary safe situation is actually deeply rooted in the mental psyche. It has been long established that manifestation of cage actually holds the individual in the box. If an individual believes that the contemporary situation is the best possible situation then they will never strive for more. If the subcontinent had not realised that they are made for much more than being the mean of providing

and serving the colonial powers they would have never achieved independence. The Pakistan's independence first started in the form of ideology of a muslim state and then it was manifested into reality. The mental cage is the hardest to escape but this first step sets a chain of events that are inevitably turned into reality.

Once mental limitations are overcome the obstacle of loved ones sets in. Exploring unknown territory comes with the risk of losing the protection built for the sake of family and friends. Embarking on a new adventure means getting away from the loved ones and friends. If an individual has children, then they may be deprived of their parents' presence. Making changes and transition from current life to explore new horizons may mean increased financial burden. This burden in the context of family may the resources used for the nourishment of family may have to be channeled in the new journey. One may make decision of exploring their true potential but the aspect of misfortune on family always lurks in the shadows.

Loved ones are a factor in exploring unknown territories but non the less loved ones

are mostly always supportive and does not subject an individual to biases and prejudices. This is not particularly true for the rest of the world. An individual may be subjected to prejudices when perceived by the others as unusual when it comes to life choices. In a world of stereotypes an individual may be lauded for taking risks and doing what may not seem as the conventional step. Landing on moon is the greatest example on earth that was met with a whole lot of prejudices. Despite being termed as "one step by means, huge leap for humanity" it was subjected to conspiracy such as that it was fake, it was done to bankrupt the Soviet Union. Rather than learning and getting inspiration from this huge human achievement, the ambition was met with biases and prejudices.

Being ambitious may be the reason for attracting biases but it certainly does not mean that one must walk the beaten path of the society. Just because everyone is doing something doesn't mean it is the right thing to do. A society may be content with the current situation of world, be that right or wrong. Nazism is an example of

Interest based earning is an example of how majority of the society indulges in. However those who avoid living off the interest leads a more dynamic financial life. One must not walk the beaten path of the society and endeavor to explore a more unique approach to lead a dynamic life.

Society as a whole sets a pattern which one is tempted to walk upon and this is due to the factor that it guarantees its success, how ever limited it might be. When success is foreseeable it kills all the possibilities of taking glorious action. When an individual lives in the society that has a reward system to offer, one rarely take steps to execute glorious action. Corporate life is an example of limited success killing ambitions. A guaranteed monthly salary makes one stay in the same position and crunching number for the rest of their lives and missing all the possibilities of unlocking new potentials and securing the world in the process. Therefore a one may be tempted to not take glorious actions if one is already in the possession of limited success.

limited success not only kill the

possibility of glorious action but also complements the dilemma of safe space. Safe space and limited success works hand-in-hand creating double jeopardy. If the environment is comfortable enough and guarantees limited success it is a total annihilation of personal growth. After Islam golden era the rulers were had all the acquisition of leading a luxurious life. This resulted in the downfall of entire Millat. Limited success and safe space are the destroyers of the personal growth.

If one escapes the safe space and the idea of limited success, they may be declared as outcasts by their peers. This outcasts tradition is usually not longed lived as one may momentarily be seen as taking unconventional route but the fruits of exploring outweighs it. Pakistan nuclear program was discouraged by the entire world but once Pakistan endured and established its nuclear program, it emerged as crucial geostrategic country on world stage. Taking unconventional path may make one an outcast but one should endure as the fruits of exploration are better.

Being an outcast for taking an unconventional step is deeply rooted in the fact that the best inspiration at the moment is that of those living the safe life. An inspiration is important to help people explore their true potential but what if the contemporary inspiration is that of living a safe life for the moment. Nazism had a huge following and people could not comprehend the fact one should strive to all inclusive life where all life an equal life rather than resorting to racism to snatch dwindling resources.

If the best inspiration is that of live a life of safe space than its reason to defend such claim is that why embark on adventure when you have it all. Usually taking bold unconventional steps is a necessity rather a independent decision. This is evident in life as those in possession of material rarely change courses. If this was the right way to do from race would have never achieved what it is capable of today. We would have been still driving carts rather than tesla motors.

If humans had been content with what they had, we would have never made the advancements that are serving humanity and this was primarily due to the enduring quest of human needs equiring education. Medical facilities have advanced to the extent that it's almost seems like a miracle. to achieve this hallmarks humans left the safe space and endured to acquire education.

Education has played an important role in human life and Islam as the divine religion has always encouraged a life of adventure and learning.

Conclusively one may say that comfort zones must be left to embark on the journey of self realisation. In this process one may face fear, mental limitations, possibility of bringing misfortune on loved ones and facing crises. However one must not walk the beaten path and break the shackles of limited success and safe space. One must find the right inspirations and prioritise life of adventure over comfort. Education can be a strong tool to

embark on the journey in an unknown territory. Our religion Islam has also encouraged a life of adventure and thus we have all the reasons to leave our safe zone and do what we are inherently made to do.