

# CREATIVITY IS EXPRESSION OF HUMAN SOUL

## OUTLINE

### 1. Introduction:

Thesis Statement: The essence of every human soul lies in creativity. It expresses individual's personality, nature and thought process. The inherent tendency of humans to express in the form of creativity gave path for innovative ideas and diverse perspectives, which addresses the needs of mankind.

Throughout history, humans have contributed to the evolution of the world by expressing their creative rationale and revolutionary thoughts.

### 2. Human soul expresses itself through creativity.

### 3. How creativity expresses Human soul.

a. First come into existence at the conjecture of human soul and high spirits.

b. Nuances in creative work expresses the internal echoes of human soul.

c. Imaginary thoughts of human soul are brought into reality through creativity.

d. Every soul contribute to society in various ways through creative ideas.

e. The desire of human soul to have immortal recognition can be attained

- through fascinating creativity.
4. Creativity as expression of human soul at global level.
    - a. Creative thoughts to evolve societies according to the need of hour of individuals.
    - b. Creation of contradictory theories i.e. realism and liberalism express dual nature of human soul.
    - c. Munificent leaders expressed their creativity by paving path to liberty from shackles of the world.
  5. Expression of Human soul to address various problems by creativity at state levels.
    - a. Stakeholders of the country resolve indigenous problems through creative and innovative policies.
    - b. Different cultures evolve over time due to expression of creative thoughts of natives.
    - c. Leaders leveraging the creativity of their citizens to outshine. gets recognition of strong intellectual capital.
  6. How creativity of individual can be expressed.
    - a. Pushing people to think out of the box.

- b, Shattering eroded thoughts of ideologies of society.
  - c, Giving a fair chance to express oneself in creative way.
  - d, Deep observation of the world and imitating it with slight touch of modification generates creativity.
- 7, Illustration of creative ideas formulated by humans:
- a, Innovative ideas and distinctive perspectives of Leonardo da Vinci in his paintings and sculptures.
  - b, Advent of modern physics through innovative ideas of Isaac Newton.
  - c, Einstein's creative theories unveiled the mysteries of the universe.
  - d, Plato's ideas opened creative way to address philosophical explanation to existing world.
  - e, Marx's idea of class struggle expressed creative idea to alter economic system.
  - f, Invention of ChatGPT by Sam Altman transformed the digital world.

8, Conclusion: Every action or thought of human soul expresses creativity, which fulfills the purpose of his existence.

The famous painting "Starry Night" by Van Gogh was created when he was a patient at the mental hospital in France. He went through severe mental instability and emotional turmoil. Due to which, he voluntarily admitted himself to the asylum. The painting is well-known for swirling effects, hypnotic sky filled with vibrant colors. Van Gogh expressed himself through this painting and reflected his turbulent emotions with fascinating colours. This creative art is an iconic piece till date, that illustrates human capacity to be creative in their own way. Creativity is the ultimate expression of human soul to demonstrate one's ideas, personality, nature and state of mind. It harbors new ways to address the needs of mankind.

Creativity is bestowed to every human soul, which is burnished by expressing it in diverse ways. Throughout history, humans have contributed to evolutions of the world by expressing the creative rationale and revolutionary thoughts.

Humans needs different modes to express their internal echoes. Some of them express through poetic verses, others divulge their thoughts into strokes of paint brushes. All forms of expression reflects creativity of human soul. The innovative ideas, new discoveries and inventions demonstrates ability of humans to express their concerns to emerging problems. Creative expression drives human to think beyond regular thoughts. Famous creators of art, music, poetry, sculptures, theology recognized their inherent tendency to express themselves through creativity. Thus, the essence of every human soul lies in expression of creativity.

Creative art come into existence at the conjecture of human soul and high spirits. It reflects the human soul in every dimension of its existence. Human soul attains new expeditions, when it dive into deep thoughts. Questioning the reason of one's existence engenders

high spirits. The intertwined relation of human soul and ecstasy to express on common grounds of creativity demonstrates linkage between human and art. Famous poets of Sindh: Shah Bhitlai and Sachal Sarmast, Baba Bulleh Shah of Punjab expressed their souls through creative and magical sequence of words in the form of poetry. Art expresses state of human soul at the utmost level of high spirits, energy and zest.

The nuances in creative work expresses the internal echoes of human soul. Different emotions, ideas and perspectives of a human are reflected through one's creativity. The perception of real world and identification of one's existence is deep rooted in fine arts. The pessimistic or optimistic approach of the world is expressed through various dimensions of creativity. Faiz Ahmed Faiz wrote many revolutionary poems and addressed his approach

to social issues through revolutionary measures. During his confinement in jail, he stood against the injustice and cruelty, by expressing his stand in the form of poetic lines. Thus, creativity articulates the internal dimensions of human soul to the contemporary issues.

Creativity not only expresses human soul but also paves one's way to transform imaginary thoughts into reality. Humans <sup>are</sup> always ought to address their problems and bring out solutions. Every hardship is thwarted by overcoming it with distinctive ideas and creative solutions.

Humans resolved their problems coming in their progress by creating new ways and innovative techniques.

Transformation of communication from pigeon post to letter posting and finally contemporary means of social media expresses creative measures of human to solve their problems by innovative ideas. Therefore, creativity is also harbinger of human's struggle to key issues and struggles.

Moreover, creativity does not only mean new inventions or discovery. It also surrounds the scope of regular daily work ethics. Every human is contributing to the society through its creativity. Diverse professions and jobs require distinct skills and training. These creative skills and abilities to excel in one's job express creativity. The management of patient and treatment plan according to the condition of patient expresses doctor's creativity to contribute in the well-being of society. Similarly, engineers and architects contribute to the progress of society by innovative infrastructure and architecture. These modes of creativity express desire of every human soul to work mutually and get absolute gains in society.

Every man wishes to be remembered by good name after his death. This desire of human soul to have immortal recognition can be achieved through fascinating creativity. The creative art made by human resides in the world for next



generations, which is then incorporated in new ideas and interests. Creative work of William Shakespeare and William Wordsworth still prevails in English literature and reminds ~~the~~ people of their utmost creativity. The art of expressing one's ideas through creativity has eternal life span, which is admired by every human soul.

Creativity also expresses collective will of humans to transform their societies. Humans have created many ideas to evolve societies according to the hour of need. Historically, societies were very limited in its scope. As the population rises, problems of resource depletion and land occupation were resolved by innovating agricultural practices and infrastructural techniques. Societies have evolved through various stages of evolution: hunting and gathering, Agricultural, Industrial and Information society. This evolution expresses creative modes of transformation of societies to address human needs of that times.

Creation of contradictory ideologies guiding international relations expresses dual nature of human soul. The realist perspective of human nature, which competes power power and self-survival guides states to attain national interests over morality. While, liberalism reflect peaceful domain of human, which strives for cooperation and negotiation to achieve absolute gains. In order to counter realist theories of Hans Morgenthau and Kenneth Waltz, Immanuel Kant advocated for liberal thought in International relations i.e. democracy, international institutions and free trade. Humans not only express their ideas in their individual lives but also perpetuate creativity at global level.

Not only global thinkers but also global leaders expressed creativity by paving path to liberty. Eroded ideologies of societies bounded people from inbuilt capacities and aptitudes. In order to shatter those shackles, munificent leaders expressed their revolutionary ideas and creative

means to achieve those goals. Martin Luther King advocated for non-violence ideology of Mahatma Gandhi and Christian principles in his struggle against racial discrimination and paved path of civil rights movement. Many leaders around the globe opted different creative ways to attain their objectives.

Furthermore, stakeholders of the country resolve indigenous problems through creative and innovative policies. Different nations have discrete problems based on their ideology, culture, ethnicity, race or religion. These concerns can only be addressed, when policy-makers came out solutions parallel to these factors. Creative means to resolve those issues expresses human efforts for the well-being of society. During the early years of 21<sup>st</sup> century Chinese <sup>leaders</sup> made unprecedented efforts to grow its economy by making special economic zones (SEZ). These creative reforms in economy paved its path to become 2<sup>nd</sup> largest economy of the world. Resolving local issues through

creative solutions expresses efforts of policy-makers for progress of their country.

Humans always strive to cope with the emerging trends. This continuous struggle of humans brings cultural evolution. Creative thoughts of natives to incorporate different values, traditions and moral ethics into their daily life express collective efforts of human to attain absolutism in cultural evolution. Previously, women were not facilitated <sup>in Pakistan</sup> to actively engage in professional jobs, ~~studies~~ other than medicine and education. But the ~~ere~~ transition of incorporating digital media into jobs opens creative ways for Pakistani culture to be more inclusive and indiscriminated. Therefore, innovative ideas and creative thoughts to evolve culture express collective will of humans for betterment of society.

When these creative innovations of citizens are leveraged by their leader to outshine, it prospects

International recognition of state.  
When leaders bridge <sup>communication</sup> gaps between government and people, citizens engender creativity. This faculty to provide platform to natives engraves trust and respect for their state.

Due to which citizens bring creative ideas on International platform and shine the name of their country.

A 13-year old Pakistani girl developed an "Anti-sleep" device that prevents drivers from dozing off while behind the wheel. NASA was amazed by her discovery and invited her to the USA in 2023. When the leaders of any country provides basic needs to every citizen, their determination to creativity brings international recognition of state.

The seed of creativity is already planted in every human soul. The scope to express this creativity covers a wide range of methods. The first step in this path to achieve creativity is thinking out of the box. Pushing people to dive into their thoughts beyond expectations produce creativity. The famous poet and Islamic scholar "Jalal-ul-Din Rumi".

was forced to explore the world by his mentor "Shams Tabrez". Due to his support and guidance to try new expeditions other than regular theological methods made him famous sufi poet of all times. Creativity is born at the epitome of deep thoughts and diversified intellectual ability.

In addition to this, already established eroded ideologies in society should be overturned. This will push people to bring creative ideas on the table. The unregulated and unrestricted prevalence of previous knowledge will only harm the intellectual capacity of individuals and dissuade them to create innovative thoughts.

After world huge failure in world war-II, Russia transformed its economic system based on mined economy and thwarted strict adherence to communism. This transformation to new creative ~~the~~ economic ideology brought progress of their country. In order to get creative thoughts and innovative ideas from people, previous useless ideologies should be expelled.

Creativity can never be achieved, if one never try to express himself. Giving a fair chance to express oneself in creative ways open new expeditions to skies. One should always try to translate his imaginative thoughts into creativity. The excessive desire to try and sense every little thing in infancy makes children very receptive and observant to their surroundings. This explorative nature of children to try and learn new things makes them absorptive to innovative ideas and pushes them to creative solution through out their cognitive development. Creativity always results after taking a chance to delve into imaginative thoughts and ideas.

This expression of creativity can only be tried, when one deeply observe his external world. Before expressing creativity, thorough analysis and observation of surroundings is necessary for every soul. The perception of contemporary issues through five senses requires steady observation

and then translating those observations into creative expression with slight touch of modification. According to social learning theory, every individual learns social ethics by first observing those values, then imitate those in their his life and then reinforce to next generation. Thus, every learning process to creativity starts from point of observations and deep thoughts.

Many creative ideas formulated by humans expressed their ideologies. Innovative ideas and distinctive perspectives of Leonardo da Vinci in his paintings and sculptures illustrated his ingenious capacity. His inventive mind and artistic nature conceptualized the world ahead of his time. His famous painting of Mona Lisa is the most visited, best known, most written about and the most sung about art work in the world. The painting expresses his definite ideas, expression, composition and artistic forms. Leonardo da Vinci created many paintings representing subtle form of creativity.



Moreover, Isaac Newton gave many innovative ideas and transformed classical physics into modern physics. He expressed his nature to know about the rationale behind every existing force. This explorative nature of Newton pushed him to express himself in creative theories and laws of physics. Three laws of force given by Isaac Newton reflecting the presence of gravity and inertia illustrates his creativity in his thoughts. Opening the door of modern physics by Sir Newton demonstrates his creativity.

Similarly, Einstein delved into the mysteries of universe. His creative theories unveiled unexplored dimensions of the world. He negated previous theories explaining the existence of universe and proposed new methods for its exploration. Previously, no one knew about intertwined nature of matter and energy in the universe, but Einstein explored this part of universe.

in his writings. He gave theory of relativity and advocated that if matter travels with the speed of sound, it transforms into energy and compress time and space. His creative theories about the unexplored dimensions of the world expresses his innovative personality.

This creative expression also spilled over in philosophical domain. Plato opened creative way to address philosophical explanation to existing world. He explored the abstract entities of the world and considered them as the true reality. He prospected that physical world is imperfect reality. Plato proposed that the true reality of the world can be known by exploring the abstract entities and non-material objects of universe. He opened ways to rational thinking and expressed his creative ideas through his philosophical theories.

Karl Marx also followed the same trajectory. He established

new way of thinking economy. The groundbreaking idea of class struggle and exploitation of labor through capitalism paved path for other economic system. He projected creative way of thinking to established economic order, that exploit human rights and spreads class discrimination. Marxism believes that bourgeois (capitalist industries) exploit proletariates (working-class) through cheap labour and commodification of goods and services. Karl Marx's idea of revolutionary ideas paved path for <sup>other</sup> creative economic systems.

Modern technology is already achieving unprecedented success in contemporary world. But invention of ChatGPT and other AI websites by OPENAI transformed the virtual world. The CEO of openAI - Sam Altman expressed his continuous struggle to provide the wonders of artificial intelligence at gran root level. He recently established a new AI system called DALL E 2, which can create realistic images.

and art from a description in natural language. The creativity expressed by tech giants to facilitate general manes illustrates their inherent tendency to innovative ideas.

Every action or thought by human soul expresses creativity. It reflects individual's personality and ideas. The world is evolving due to continuous changes and alteration in nature. This switch comes along with expression of humans to create innovative things and ideological perspectives. Man never gets tired of creativity, because he is bound to express himself through creative things. In order to sustain their existence and presence in the world, humans always strive to express their internal thrills into external atmosphere and be the winds of change through their creativity.