

Creativity is the expression of Date: _____ Human soul

Outline

1. Introduction

Thesis statement:

The complexity of human souls needs an uncomplicated medium to express themselves, and that medium is creativity.

2. Creativity portrays the individuality of a human soul: Portrayal of an individualized tale of vulnerability and strength

3. Creativity as a medium to communicate inner selves

- a. Serves as a medium to express socially unacceptable thoughts - Shakespeare's Hamlet
- b. Portrays an inner imaginative world - Shelley's Frankenstein
- c. Provides a platform to present passive fears and desires - Orwell and his fear of totalitarian regime in "1984"
- d. Reflects an insight into personal experiences and journey - Pope's Essay on criticism
- e. Provides a means to have a different perspective on surroundings and events - Arnold in "Culture and Anarchy"

- f. Means to protect individuality and identity - Sylvia Plath's "The Bell Jar"
- g. Reveals unarticulated and vulnerable inner selves - Kafka in "The Metamorphosis"
- h. Serves as a platform to challenge conventionality and conformity - Virginia Woolf's "To the Lighthouse"

4. Different expressions of human creativity

- a. Drama - Monologues during stage performances
- b. Writing - novels and poems
- c. Visual arts - Van Gogh and his struggles with suicidal tendencies

5. Conclusion

Adams was aware of the value of creativity when he wrote "creativity is allowing yourself to make mistakes"; for creativity is only acceptable ^{way} to make mistakes in the perfection-oriented world. The quotation, "creativity is the expression of the human soul," challenges the notion that only vocal articulation of thoughts provides a means to express human soul. The good thing about creativity is, that it provides several ways for a human to express his vulnerability and strength. It serves as a medium to express socially unacceptable thoughts; present passive fears and desires; reflect on personal experiences and journey; protect individuality; challenge conventionality; and reveal inner selves in an acceptable manner. The writers through out the world found themselves in deep agony, and thought to express their human souls through the creative art of writing. Sylvia's articulation of her mental health, Wolf's worry about patriarchy, and Arnold's fear of philistines; all of these writers showed their inner selves and soul via the art of creativity. In the similar vein, creativity can be expressed through culinary arts, dramas, and visual arts; for it is not restricted to the specific manner and way. In short, the complexity of human souls needs an uncomplicated medium to express ^{themselves} ~~themselves~~, and that medium is creativity.

To make it more specific, creativity portrays the individuality of a human soul. It is a portrayal of a personalized tale of vulnerability and strength. Though the physical built and features of all humans are same, inner selves and thinking patterns differ. Every human being wants to stand out, and creativity is the only way to do so. It allows a human to present oneself by presenting a personalized tale of ups and downs of a life.

Creativity, however, serves as a medium to communicate inner selves. It serves as a medium to present socially unacceptable thoughts. The taboos and unconventional things in the mind need a platform and that too in an acceptable ^{manner} ~~form~~. However, creativity comes to the rescue. For instance, Hamlet character in the Shakespeare's drama shows an inclination to take revenge from his uncle but he cannot. In order to articulate his mind, he plans a drama to perform where he takes revenge from his uncle. All in all, creativity is most acceptable way to express inner thoughts.

Secondly, Creativity allows to portray an inner imaginative world. Most of the times, humans have their own designed utopian worlds inside them. They cherish these imaginative worlds in their minds, but they cannot articulate about what they ^{are} ~~think~~ about. To show these utopian worlds, they either choose power of the pen or stage. ~~However~~ Creativity comes to rescue to ease their impossible tasks. Shelley's Frankenstein is one of such examples, where Shelley tries to depict her monstrous thoughts to the world in her book.

Next, Creativity presents passive fears and desires inside a human. Intentionally or unintentionally, it makes a way for humans to showcase their fears or desires to the world without a fear of judgment. Most of the times, judgment hinders the expression of a human, for ~~the~~ out of fear of judgment, humans are reluctant to fully express their inner selves. However, Creativity provides a means for their expression. Orwell in his book "1984", expressed his fear of totalitarian governments and the book helped him to present his fear to the world.

Similarly, creativity reflects an insight into personal experiences and journey. It allows a human to share his journey through the help of creativity. Articulating a journey without creativity ~~is~~ makes a boring lecture for listeners; however, creativity makes it interesting for readers or listeners to stay focused. Also, it allows a human to share his burden or feelings with the world in an acceptable way. Alexander Pope in his essay "Essay on Criticism" portrayed his critics and told the readers that how the critics affected his mental health.

Furthermore, creativity provides a mean to have a different perspective on surroundings and events. It allows an observer to have a point of view on the events happening in the surroundings ultimately; he does not feel overshadowed by the other prominent views. The observer feels that he is needed when his creativity or a different perspective is admired or seen. Matthew Arnold in his book "Culture and Anarchy" presented his different views on the flabby philistines and how much they need "culture" to flourish themselves.

In the similar ~~see~~ vein, creativity protects individual identity from the popular culture. It allows a human to preserve his individuality without any pressure of the external world. Every human being comes into this world with a different mindset and wants to protect it from at any cost. Sylvia Plath in her novel "Bell Jar" serves as a best example of how she tries to preserve her creativity amid chaos. She is eventually successful in her mission, as her work is admired throughout the world.

Additionally, creativity reveals unarticulated inner selves that are beyond the means of proper articulation. In the world of perfection, showing ~~vulnerability~~ vulnerability has become a taboo, which cannot be told to the world. However, creativity aids in revealing these thoughts. It allows a human to show a vulnerable side, which nobody has ever seen. Kafka in his work "The Metamorphosis" has revealed his real life, which he would not ^{have} expressed it otherwise. Creativity makes it easier for human souls to express themselves with ease.

Next, the idea of creativity serves as a platform to express socially unacceptable thoughts. Humans are clear in their likes and dislikes, and in their human nature. Though they cannot express it in front of everyone, deep down, they are clear in their likes and dislikes. Similarly, Virginia Woolf in her work "to the Lighthouse" showed her hate for the patriarchy. It revealed her disliking regarding man taking the lead in the dealings of day to day life. In short, creativity made things easier for ^{her} to express.

Also, lastly, there are various ways to showcase a creativity.

Writing or performing dramas is one of those ways. It ^{makes} allows a way for a human to creatively express oneself. The monologues presented during stage performances is the evidence of int-catharsis. The catharsis or release of emotions of stage is the creative way of a human to show inner selves. The dramas or performing dramas help humans to show piled up thoughts to the world.

Secondly, writing is another way or manner to showcase creativity and inner selves. Be it novels or poems, writing provides a platform to present oneself in a creative way. It is an art for readers but an expression or a medium of expression for writers. The written word, encompassing novels and poems, stands as an enduring testament to the expansive landscape of human creativity. It enables writers to explore depth and of the human condition through literary expression.

Third, visual arts, exemplified by the works of Van Gogh, offer a window into the profound connection between creativity and mental health. His paintings serve as visual manifestations of his inner turmoil and emotional turbulence. His ability to channel his personal struggles into art underscores the intricate relationship between creativity and vulnerability. His suicidal tendencies in his paintings were not prominent to the world until he died. However, he would have felt at ease after showing those tendencies in those paintings.

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To conclude, Creativity is a conduit to express the individuality of a human soul. From Shakespeare's thoughts to Virginia's Creativity, Creativity emerges as a versatile tool for revealing inner selves. The diverse forms of Creativity emphasize the multiplicity of channels through which individuals convey their innermost selves. The transformative power of creativity etc celebrates the intricacies of human existence. Creativity proves to be an easier form for humans to express themselves without the fear of judgment.