the Cold Wax in ideological setting introduction: The cold was was historically the hipolar ideological conflict

China reframed the global competition En teems of trade, technology, and infrastructure.

Continuity: The story

(i)- Geopolitical Rivalry:

Us containment strategies deving the cold war mirror today's measures against China, such as trade tariffs and restrictions on technology exports.

Russia & assertiveness in Eastern Europe (e.g.: Crimea) echoes Soviet efforts to maintain a sphere of influence.

Donot discuss in bullets but in headings or paragraph

(II) Alliance Building: The US continues alliances (e.g. QUAD, AUK Indo-facific China's Belt and Ro 4) Economic Battlefield Trade Ways: The U.S-China trade Technological Competition

