

Q No 1:

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## EFFECTS OF CORRUPTION ON SOCIETY:

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- Most people do not understand the potential outcomes of their minor acts of corruption. Such minor acts collectively create a society where corruption is normalized. This normalization creates a ~~ripple~~ <sup>seen</sup> society where minor violations may seem trivial but repercussions extend beyond moral values. The impacts of corruption are devastating in the long-run progress, as corruption hampers progress and development in a society. Corruption also promote inequality and injustice in the society that leads towards the prominent societal issues of political instability and social unrest. The integrity can be achieved by holding oneself accountable for trivial actions, and perpetuate without morality and ethics to build a just and fair world.

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## Q No 2:

### Question 1:

What is primary reason why people fail to keep their New Year resolutions?

### Answer:

The primary reason for the failure of New Year resolutions is that people make such decisions under societal pressure or impulsive desires to carry them out. For instance, people make these goals of losing weight, exercising more, or starting new ventures, initially they seem enthusiastic for these resolutions. But, eventually these resolutions tend to fade away quickly, as they were made out of impulsive decision and societal pressures.

### Question 2:

Why do resolutions tend to be ineffective even though people are highly motivated at start of year?

### Answer:

The resolutions tend to be



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ineffective because the resolutions made typically are vague and broad. There is no clarity and firmness in the decisions that typically leads to failed outcomes. Another reason could be -the disconnect between the resolutions and realities of daily life. People make their new year goals to be unrealistic and utopic that are not aligned with their every day responsibilities. For instance, a resolution like "I will be more productive" is a vague and unclear goal. ~~that~~ that can not be achieved without clarity and precision. So, despite being highly motivated the resolutions made tend to be ineffective.

### Question 3:

What psychological factors keeps people making New Year resolutions year after year despite knowing they may fail?

### Answer:

People make new year resolutions year after year despite knowing they may fail because of



✓ deep psychological rationale of human desire for renewal. The new year brings new opportunities to fresh start everything. So, people take advantage of this symbolic opportunity to hit reset button to start fresh. The feeling of new start in a new year brings hope for the people which compels them to make new year resolutions, even though the underlying reasons for failure often remain the same.

#### Question 4:

What is more effective approach to achieving lasting change instead of making New Year resolutions?

#### Answer:

A more effective approach to achieving long change can be achieved by making real and well-defined goals that aligns with the personal values. The goals that does not disconnect the connection between the reality of daily life and a resolution. A goal that is more practical and



achievable, a goal that does not aligns with the societal pressure and impulsive desires. And it should be structured around achievable steps. Only then lasting change can be achieved.

Q NO 3:

1. Candid      Blunt. ✓
2. Eloquent.      Fluent. ✗
3. Alleviate.      ease. ✗
4. Exacerbate      worsen. ✓
5. Ubiquitous.      wide spread. ✗
6. Taciturn.      Reserved. ✗
7. Abhor      Hate. ✗
8. Meticulous      ~~scrup~~ scrupulous. ✓
9. Prolific.      Productive. ✓
10. Apathy.      lack of interest. ✗