

PART-II

ANSWER-6

"PSYCHOANALYTICAL FEMINISM"

Introduction:

Psychoanalytical Feminism is the third major feminist theory. It revolves around the psychological development of gender and also elaborates how sexes are strengthened (based on their innate mechanisms) due to various developmental stages.

Sigmund Freud penned an article titled "How she came into being", that sparked the feminist perspective of psychological development in humans.

Freud's Stages of Development - a gendered oversight:

There are five known stages of psychoanalytical development in humans.

• Phallogentrism:

In order to comprehend the five, we must understand the notion of phallogentrism.

It presents the male sexual organ "phallus" - centre of power and authority which provides men innate superiority.

i) The Oral Stage:

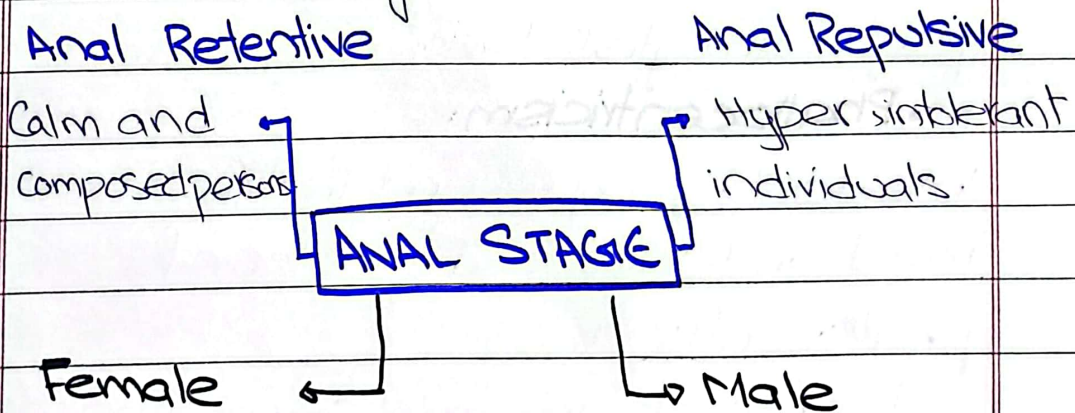
The first stage is where mouth is the erogenous zone and is involved in suckling for lactation, or feeders, pacifiers. In case of a deficiency or negligency during this stage, a fixation needs to be done.

• **FIXATION:** Men and women have different mechanisms for fixation. Men are usually addicted to smoking or kissing, while nail-biting is common in females.

ii) The Anal Stage:

The erogenous zone of the second stage is the anus. Children are potty-trained during this stage.

It can be categorised as:



It is notable that the "ego principle" develops during this stage.

iii) Phallic Stage:

This is the stage where male child is attracted towards the mother but is afraid of the father, who appears to him; a villain. He fears that father is powerful enough to **castrate** him which leads towards **phallus anxiety in males**.

Female child is sexually attracted to the ~~mo~~ father but fears the mother, hoping she would have her own man one day. She feels unempowered, and already castrated leading to **penis envy**.

- Womb Envy an anti-thesis:

Males cannot conceive or carry a child due to lack of womb, some feminist writers criticize this and term womb envy as an anti-thesis to penis envy.

iv) Latent Stage:

This is the stage where **Libido or sex drive develops**. The child desires various things and remain silent, self-handling his/her dilemmas.

The western Education System demands sexual education at this.

stage so that children are not exploited in mental development.

v) Genital Stage:

The final stage of development according to Freud is when the Libido is entirely developed. The child is fully aware of sexual desires.

Super-ego principle is applicable on people in this stage who restrict themselves consciously from wrongful acts.

Jacques Lacan ~ Psychosexual Stages:

While Freud is overly interested in human psychology, Lacan talks about three stages of sexual development.

1) Imaginative Stage:

The child considers himself to be a part of his mother's body initially. He considers them as unity unless during a "Mirror Stage" his/her imagination builds up and they realize the differences between the two bodies. This develops a sense of fragmentation in their

minds.

2) The Symbolic Stage:

The second stage is the symbolic stage where child understands various power symbols. They notice that **language** is different in both parents. Fathers usually take-up loud, powerful language which is dominant while the mother's language is calm, soothing. This provides a natural tilt towards power. The gist is that the **language is gendered** and even **color psychology is gendered**. Culture, daily activities also represent differences in genders/sexes.

3) The Real Stage:

The third stage is where the individual actually grows up. His/Her traits are based on their life situation in accordance to "**learning theory**". The boy becomes dominant like his fathers, girls usually take up responsible roles but stay quiet like their mothers.

It is a common practice that affluent women or strong influential

-females come from home where they were empowered and heard.

Gender Oppression ~ an innate phenomenon:

Such paradoxes explain oppressed women have socio-economic factors during development that express their silence on oppression.

Pakistan - 5th largest child marriage rate country is now immune to such deprivation of rights. The mother that stays quiet when faced with GBV actually creates a daughter who shall face the same. Patriarchy needs to be countered and it only begins from home.

With education and awareness, oppressed women can be emancipated. The gist of Feminism in the words of Kurarae:

"Feminism is the notion that women are humans too."

ANSWER: 5

"GENDER DISPARITY IN PAKISTAN"

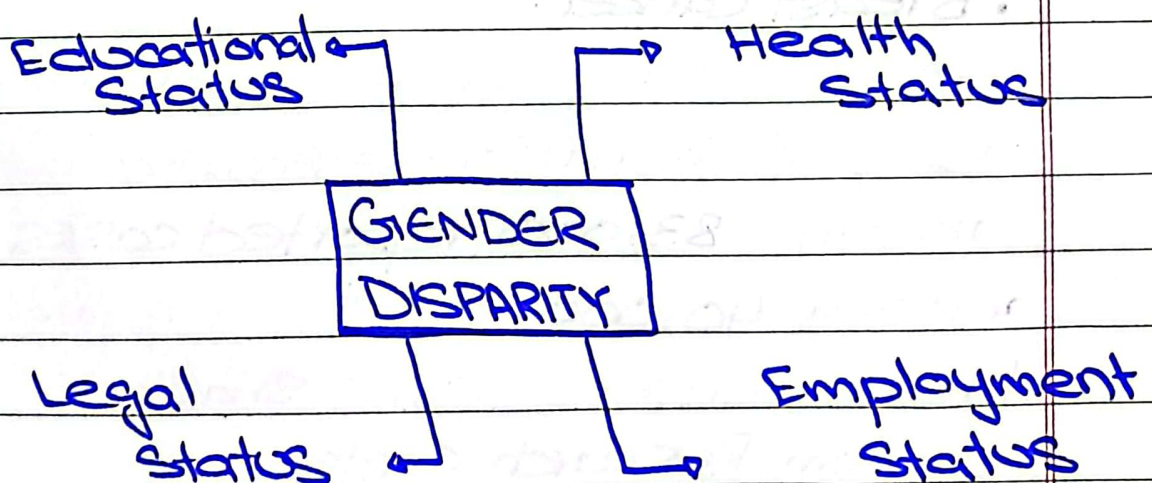
Introduction:

Pakistan ranks 145th on the Gender Parity Index out of 146 countries.

The only state below us is the neighbouring Afghanistan - a country presently under seige of defacto Taliban leadership. But we have no such excuse, yet the stats are terrorizing.

Deciding Parameters:

Four factors can be regarded as the decisive factors responsible for such high level of gender disparity in Pakistan.



Health Status of Woman in Pakistan:

The overall health sector of Pakistan is strained but women in particular are suffering more.

• Labor Mortality Rate:

"Over 183 women out of every 100,000 die in Pakistan while giving birth. The Reproductive Mortality rate is only 22 women per 100,000 in the USA."

- Saddam Samo
Report

Women are not allowed to consult male doctors while females are not allowed to enroll in medical colleges. **Over 80,000 female doctors in Pakistan do not practice. (PMA)**

• Breast Cancer:

The largest number of breast cancer cases of South Asia are recorded from Pakistan. **83,000 reported cases** and over **40,000** deaths due to breast cancer, claims **Shaukat Khanum Research Centre**.

Lack of awareness and early

diagnosis remains brutal cause.

• AIDS:

Over 65% of global cases of AIDS, an STD due to infected needles or sexual transfers are reported in South Asia. 30% of them are from Pakistan. Poor hygiene in hospitals remains core issue.

• ANEMIA:

Lack of blood, low HB levels categorise anemia. Majority women in Pakistan are anaemic and acutely low on Vitamin-D levels.

Employment Status of Woman in Pakistan:

• LFPR:

Pakistan records only 27% women participation in the labor force. This is leading to grave economic downfalls. The culture and misinterpreted religious practices are major hindrances. Mr Qutab in "Misunderstood Religion" mention this phenomena of not allowing women employment due to Islam.

Hazrat Khadija (RA) was a business woman.

• Harassment:

All forms of harassment against working women in urban-sets is a common nuisance in their employment irregularity. In her book, "Working with Sharks", the writer Fozia Saeed lays light on such issues.

• Wages Disparity:

Another reason that keeps women away from work is their exploitation by provision of low wages in contrast to their male colleagues.

• Pink Collar Jobs:

women are offered roles as secretary, receptionists or marketing agents. It is derogatory because there are no actual growth margins but the expression of aesthetics only. Controversial beauty standards are withheld for appointment of air-hostesses and Personal Assistants.

All such factors restrict women participation in jobs.

Education Status of Women in Pakistan:

Women in Pakistan are extremely marginalised in the education sector. Over 12.2 Million girls are out of school in Pakistan. Educating women can empower them to overcome all grievances that they face. It is rightly stated:

"If you educate a man, you educate a man, but if you educate a woman, you educate a generation."

Women in Pakistan, a country with a low literacy rate of over 60%, have an even lower rate of 30% with inept standards.

• Infrastructural Issues:

Many backward areas require segregated education standards. Even in main areas, building of institutes, water availability and sanitation levels are not upto the mark. Parents do not allow girls to study in co-education institutes. This leads to illiteracy.

• GDP Investment:

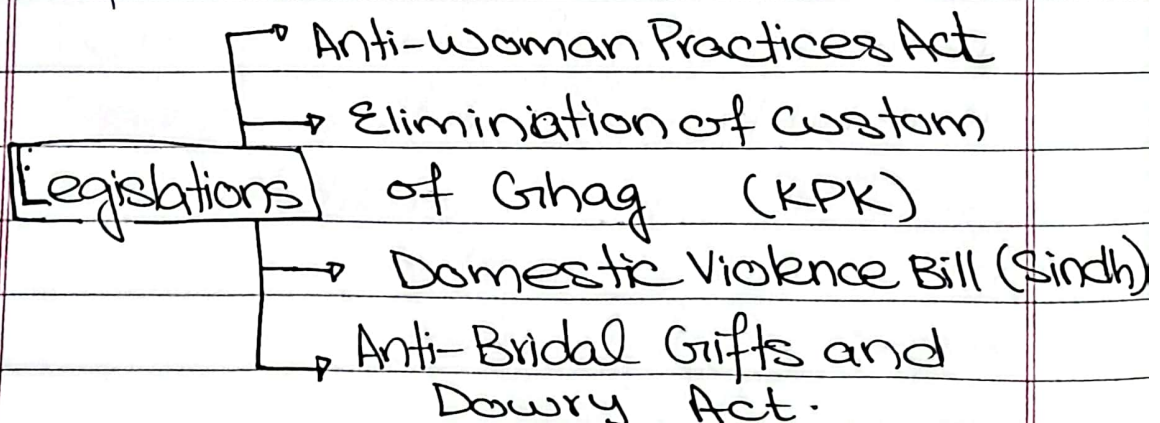
The Scandinavian countries invest over 60% of their GDP while Pakistan pitches in only 1.7% of GDP on education. The governance error trickles down to deeply penetrate into the society and create chaos.

Lack of incentive provision, early marriages and economic constraints are also responsible factors.

Legal Status:

Women in Pakistan are protected under CEDAW - Convention on Elimination against Discrimination Against Women that was re-enforced in 1996.

Women are allowed to vote, contest elections, have freedom of speech but the loopholes of the system deprive them.



Women are protected under the constitution of Pakistan as well:

Article 25 (3):

Consider women as an equal sex.

Article 34:

Inclusion of women in all spheres of life.

Conclusion:

They inept mechanism of implementation of legal roles, the lack of a social status due to religion, patriarchy and economic liability; women remain the second gender in Pakistan. **Simon Debeauvoir's "Otherization Concept"** given in his book 'The Second Sex' is completely applicable on Pakistani Society.

ANSWER: 2

AUTONOMY AND INTEGRATION

Gender Studies:

"Gender Studies is the discipline of social sciences in which the biological categories of male and female are centre converted to men and women

under social construction, psychological association and orientations.

The discipline has a vast history of development, its evolution from women studies to gender studies.

1991 marks the year in which the term gender was used for first time.

Debate:

Ever since history and 1954's book of De beau voir - The Second Sex, the discipline is marred into a debate between autonomy and integration.

→ AUTONOMY:

Autonomy refers to **separatist ideas** that consider women separate entities of the society.

• Individual Rights

They demand their independent rights. This means autonomis were of notion that they ^{were} only seeking rights for themselves without incorporation into the society.

• Radical Feminists:

Autonomists are actually radical women who demand exclusivity. They follow an objective approach under Shulamith Firestone's stance in "Dialectic of Sex".

• Controversial Demands:

Autonomous women, protesting during the 2nd wave of feminism, had linked themselves to various controversies.

The promotion of **homosexuality** by In and Andressey which lead to concepts like **Lesbianism** and **Gayism** were nothing but controversial.

The recent demand in Pakistan in 2018 was also perceived to relate to this wave - "Mera Jism Meri Marzi" but many in the country claim it was a slogan about Abortion, rape and sexual violence.

The autonomists only talked about the rights of woman. They were not representing the trans or

intersex. They opposed the notion of "Otherization" of women.

The era of **Sexual Revolution-1960s** is marked by such supporters. A notable incident is the **Trash Can Event** where radical feminists stood against objectification of women in events like **Miss Universe**.

→ **INTEGRATION DEBATE:**

Integrationists were actually **Liberal Feminists** who associated themselves with the **First Wave of Feminist Movement**.

• **Political Rights ~ Suffragist Movement:**

Integration Debate advocates inclusivity and the incorporation of women in the society with men. They demanded the right to **vote** - because they believed it could get them all other rights.

Book "**Vindication of Rights of Women**" by **Marry Ritter Beard** backs this notion that if you

equip woman with political rights they shall overcome all their sufferings.

Drawing an analogy of this concept to contemporary phenomena, Rwanda - 61% women Parliamentarians, UAE has 50% ; Pakistan only 20.17%. The social condition and status of woman is well-known in all three respective areas.

• Participatory Approach:

Integrationists did not just limit themselves to woman rights but provided rights to all genders.

This phenomena lies at the heart of Judith Butler's - "Gender Trouble" where he expresses concern over troubles of multiple genders.

Integration Debate is **evolutionary**, unlike the revolutionary separatists, it grants equality to all. It wants the inclusion of all known genders into one single

community with less well-looked system of rights and duties.

“ There are two strategies to gender, and integration is the better one. ”

~ Florence Howe

Clearly, in the words of Howe, integration is the way-forward.

It is not longer a dream, since

Post-Modernism and the **Queer**

Theory acted on the integrationist

idea and the world today is

based on over **75** genders.

It was this very debate

that led to gender studies

development as a field of

knowledge. It indeed overlaps

with a lot of other disciplines

like law, economy, criminology,

history - only to make it more

inclusive, more integrationist.

ANSWER: 4 MAJOR WAVES OF FEMINISM IN THE WEST

Outline ~ waves in a nutshell:

There are three known waves of the Feminist Movement, all operating in their own unique manner to pursue their own agenda.

1st Wave → 2nd Wave → 3rd Wave
(1848-1960) (1960-1990) (1991-.....)

4th Wave
(2010....)

Some claim that 2010 marked the emergence of a fourth wave of feminism but we shall stick to 3.

Historical overview ~ Greeks and Romans:

Man in ancient times, lived in the caves, served as bread-winner of the family and women took care of the house. If she desired to go out and work, they made her **Hexactia** in the Symposium.

Patriarchal societies emerged where women were marginalised. The Greek Gods were all men - Appolo (God of wisdom) Diosmosys (god of emotion).

Then came Aristotle who was misogynist himself.

"Woman is the Mere Incubator of Man's Seed."

- Aristotle

He validated the concept that she is no more than a child-bearing machine. Followed by his successor Plato:

"I Thank god for two things - not being a woman and a slave."

- Plato

He even asked to treat marriage as a communist - make the wife a state property.

This was followed by Roman Catholic Church where the Pope ruled and the Nun was to sacrifice her sexual desires.

Bapsi Sidwa in her book "Ice-Candy

"Man" resonates such concepts.

She writes:

"Woman on the Roof - crying
and beating their breasts"

~Bapsi Sidwa.

The "Medieval Ages" follow with tribes
named after men - Angles, Saxons
and Jutes.

Then **Renaissance Period** saw
woman disparity in the words of
"Women is really an imperfect
man."

~Thomas Aquinas.

Then came the period of **Romanticism**
where Wordsworth and P.B Shelley
dominated aesthetics. A gradual
shift towards matriarch was seen.

"**Frailty - Thy Name is
Woman**"

~Shakespeare

Another contributor is **Charles**

Darwin who mentioned woman
as an irrational being and penned
"Descent of Man".

It is indeed true to accept that

History is and acronym for His Story.
Outburst of Women ~ Second
Wave:

All such derogatory write-ups led to
an outburst by women. 1960s
market sexual revolution, the murder
of King's husband and rise of
homosexuality. (GILF and Lesbianism)

Then, Seneca Falls Convention
led by Cady Stanton and the
Suffragist Movement began which
were focused on gaining voting
rights for women.

"To emancipate woman
is to enumerate her
from the relationship
she bears to men."

~ Shulamith Firestone

They were "progression movers"
under certain organisations:

National Woman
Suffragist Association
(1969)

American Woman
Suffragist Association
(1969)

National American Woman
Suffragist Association (1980).
(1980)

Mean Woman Studies evolved as a discipline. Cornell University launched a Bachelors program followed by Masters and PhD. in 1990.

In 1991, Term Gender was used for the first time. The shift from woman studies to gender studies prevailed.

Post ww-1, USA noticed death of too many soldiers and provided women right to vote in 1920 under 19th Amendment to the constitution.

Third wave ~ Queer Theory and Post-Modernism:

The Third wave of feminism allowed inter same-gender marriages and granted legal status to the intersexes. Finally genders were emancipated in the west. The initiation of **2SLGBTQ** was marked by Queer Theory.

There are over **175** genders in the world today.

The media, culture and western

society equips their women with rights. The focus now shifts to GBV and Gender Disparity. They are in attempt to address these menaces.

Feminism and Status of Woman in Pakistan:

Pakistan is a closed, conservative society that sticks to cultural norms.

"Culture is the undeclared constitution."

People do not interpret Feminism in its right manner here. The prevalent health and education issues in the country marginalise the women.

Fozia Saeed pens **"Taboo"** where Red Zone still exist in Pakistan due to socio-economic issues.

Domestic workers are provided no social status in the society because the concept of Feminism is absent.

where the west was in 1990's is where we reached in 2016, when FPSC changed

the women studies department into gender studies. This proves that we lag behind, more than a decade from western struggle of Feminism.

with Sexual Harrassment cases everyday - "working with Sharks" is a validated notion. Case studies of Malala Yousaf zai and Mukhtaran Mai, very recent "Talibanization of education" and GBV incidents suggest our distance to achieving gender parity.

with 20.17% Parliamentary women Representation, we need to get our political rights first. Create incentives to inculcate women in the government and drive change.