

# TEST #01

Date: \_\_\_\_\_

Day: \_\_\_\_\_

## Q3 SYNONYMS

- |    |            |               |
|----|------------|---------------|
| 1- | Candid.    | Honest        |
| 2- | Eloquent   | Expressive.   |
| 3- | Alleviate  | Mitigate      |
| 4- | Exacerbate | Aggravate.    |
| 5- | Ubiquitous | Omnipresent   |
| 6- | Taciturn   | Quiet.        |
| 7- | Abhor      | Detest        |
| 8- | Meticulous | Careful.      |
| 9- | Prolific   | Abundant      |
| 10 | Apathy     | Indifference. |

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## Q2 COMPREHENSION

1- What is the primary reason why most people fail to keep their New Year resolution?

**ANS.** People fail to keep their New Year resolutions and the primary reason is the emotional nature of the decision. Mostly, New Year resolutions are made with great enthusiasm. These make a person in control of his life. But these resolutions are not thought through and are not properly planned. So, the impulsive nature of deciding and declaring a New Year resolution often leads to missing out the target as soon as emotions sets in and reality checks in.

2- Why do resolution tend to be ineffective even though people are highly motivated at start of the year?

**Ans.** New Year resolutions mostly tend to be

Date: \_\_\_\_\_

Day: \_\_\_\_\_

ineffective though people are very motivated in initial stage. It is because resolutions are mostly based on impulsive desires and demands social conformity. People set unrealistic goals for them just to please their peers. Moreover, often these targets lack proper planning and assessment that can indicate achievement. Hence, these are the factors that contribute to abandoning of resolution soon after New Year.

Q3- What psychological factors . . . . . they may fail:

**Ans.** People keep making resolutions at New Year irrespective of the fact that they may fail. Some psychological factors come into play which making such decision. Firstly, it gives a sense of empowerment to person that he is in control of his life. Then, a sense of renewal and change also result in making pledges and intending to keep them. Besides, it a normal trend of society and to gain social acceptance, people keep following the set tradition. Therefore, this resultant psychological pull causes people to make New Year resolution.

4- What is more effective approach to achieving lasting change instead of making New Year?

**ANS** Real and lasting change starts at the level of mind set. Instead of heeding to own desires or societal pressure, a person intrinsically

motivated to change can work for longer. Moreover, the goals and targets chosen should be realistic one. Well-defined goals and strategies linked with one's personal lifestyle and values can bring long lasting change. Measuring achievable steps to target can keep a person motivated to bring change.

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## 01 - PRECIS

TOPIC: A Plethora of Problems Linked to Corruption.

It is difficult for public to understand the impact of minor acts of corruption. These singular acts do not cause any damage but in unison foster a culture of corruption. Each corrupt act creates a chain-reaction which further enforces the system. Corruption in any way is detrimental to society. It diverts resources, erodes meritocracy, increases inefficiency, and result in a sense of deprivation among deserving. Furthermore, social injustice and inequality breed in corrupt societies. Bending the law for few using corrupt illegal means result in anger, trust gap and disappointment in public. It also decreases sensitivity to serious crimes. In short, even a minor corrupt act has a holistic impact. ~~on~~ However, a just and fair society can only be created by practicing self-accountability and upholding moral values

Date: \_\_\_\_\_

Day: \_\_\_\_\_

at individual level.

Passage Word Count = 128

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