

Q NO: 3Synonyms

- i) candid → Honest
 ii) Eloquent → Expressive
 iii) Alleviate → Relieve
 iv) Exacerbate → aggravate
 v) UBIQUITOUS →
- vi) Taciturn → Reserved
 vii) Abhor → Hate
 viii) Meticulous →
 ix) Prolific → Creative
 x) Apathy → lack of interest

Q NO: 2 Comprehension

Q1 Primary Reason people fail to keep their New year resolutions - or -

Every year people make new year resolutions like losing their weight, changing their habits or improving their lives but these resolutions usually fail and the primary reason is that these resolutions are made out of societal pressure and idealistic goals are set which do not ~~set~~ align with the measures to achieve them.

Key reason for these ~~goals~~ Most importantly as the clock hit 12 o'clock, the date changes. people feel enthusiastic and optimistic about the future, vowing to change their lives forgetting the just the date has changed while everything is still the same.

(Q2) Why do resolutions tend to be ineffective even though people are highly motivated in the start of the year?

With the arrival of new year people feels highly motivated and optimistic about the future and the set goals which are either idealistic or under the pressure of society. These goals are usually vague and wide and their goals are hard to track for example a person sets a goal aiming to be more productive, now ^{here is that} the problem ^{specific period} lies is that this goal lacks a target ^{period} in which he/she will be more productive in. Due to this unclear nature of the goals they are hard to achieve furthermore, as time passes people loose their enthusiasm and therefore their commitment to their goal decreases. despite being very motivated in the start of the year.

(Q3) What psychological factor keeps people making New Year resolution year after year despite knowing that they may fail:

max push

The psychological factor that motivates people to continue making resolutions at the start of each year is the desire for ^{to} newness in their lives making it more success in order to improve it. New year is perceived as ^{not cont} the ^{new} start of a year but also a chance to restart your life by giving up all the bad habits energy and refilling it with success and goodness. therefore with the start of new year people feels highly motivated to

to do what they always wanted to do but soon they leave these goals as they are idealistic, vague or made under the societal pressure. But despite this every year every year the cycle repeats because of the same underlying human nature.

Q4 What is more effective approach to achieving lasting change instead of making New year resolutions?

New year resolutions as highlighted in the above passage are unachievable because of their ideal and vague nature and hence it is nothing more than a verbal commitment. Instead of new year resolutions the most effective way approach to achieve everlasting change is to by shifting their focus of symbolic resolutions to practical well define goals. It is important that these aligns with their personal values and are structured around achievable steps, moreover along with setting these goals it is vital to also design means to achieve them. This is the only way to achieve everlasting change.

Q No: 1 precise of the following passage

Most people fails to understand the possible consequences of their minor acts of corruption which may seem harmless in isolation but collectively promotes a culture where corruption is normalise, creating a ripple effect, eroding the very very foundation of trust and fairness in society. Even the minor act of corruption blocks progress and development by diverting resources for public welfare, compromising on merit and ~~making~~ normalising inefficiency which impacts industries, government and society as a whole. In addition to this it creates inequality; when some achieve success through short cuts ^{while} putting others who believes in integrity at disadvantage, creating resentment, distrust and hopelessness among those who are fair ^{therefore} this further weakens the social fabric. Studies highlights that in societies where small scale corruption is uncontrolled its citizens becomes desensitise to large crimes as they think that justice is ^{not restorable} ~~unachievable~~, leading to greater social issues like political instability, economic decline and social unrest. It is important to know that morality is not just about fighting mass large scandals but it is about holding oneself accountable for the ^{acts} ~~actions~~ and understanding the ^{how} ~~kind of~~ decision we make shape the kind of society we live in. If each person ~~persist~~ ^{do not} compromise on their values they will collectively build a just world.