

DAY: _____

DATE: _____

10/100

Topic: Progress Is Impossible Without Change

A) Introduction:

- Hook Write short descriptions of hook and
- Explanation of topic
- Over-view of the Essay

B) Main Body

Don't write main body. Write the heading you want to discuss, that reflects the topic.

1) Changes at Individual Level for progress:

Heading should come from the topic

1.1) Change in Mindset for progress:

vague

- a) positive mindset for positive vibes
- b) mindset ready to acknowledge failures

Unclear arguments. These points do not indicate where your paragraph will head.

1.2) Change in habits:

- a) micro-habits lead to greater changes (Atomic Habits)

Progress? How do these points indicate that progress is impossible without change.

b) change in eating, sleeping
and other habits

1.3) Change in Environment

a) change in company

b) change in residence

1.4) Change in content

consumption:

a) books and skill based

content over entertainment

Unclear points.
No clarity.

2) Structural Changes at
State Level for progress:

2.1) Change in Educational
Structure for economic
progress

2.2) Change in Patriarchal
Structure for gender equality

2.3) Change in Political

No argument made in the point. No clear argument It just says change in political structure for stability. It does not say what kind of change will lead to exactly what kind of progress

DAY: _____

DATE: _____

Structure for Stability and Inclusivity

E3) Global Level:

3.1) Institutional change
for inclusivity and
equality:

a) changes in UN
veto and permanent member
structure ✓

3.2) Change in Policies for
climate justice progress:

a) change in fuel consumption
b) change in non-renewable
energy sources.

C) Conclusion

The Essay

No headings in an essay

~~Introduction.~~

The Quran Says, "Allah does not change the condition of a person until he changes his own condition" [Al-Quran]. This

Irrelevant to the topic and context
The topic is not just change. It's about it being imperative to progress.

underscores the significance of change in order to

~~No this says that personal effort is necessary for change
It does not say what kind of change will be brought upon by that effort
Or if it will lead to progress~~

~~change progress. This change could be at individual level or State Level Change for~~

Expression

~~progress could include at individual level could include change in mindset, habits, environment and~~

Don't list the points all together

~~content consumption. For to achieve progress at State level, structural changes such as in Education, patriarchy,~~

Also these are only changes. The point of essay is not just change. It is associated with progress as well.

DAY: _____

DATE: _____

~~Speaking of individual level~~, change in mindset is most important for progress.

This is again a list.

Mind and brain are not interchangeable

From controlling hunger to regulating homeostasis, the mind (Brain) controls almost all critical functions of one's body. To achieve something,

Tone is very imperative

one must re-wire their brain. To achieve wealth, one must re-wire their brain from rest to hard work.

A positive mind is equally important for achieving progress.

One should also train their mind to accept failure. This change of mindset will attract positive energy and ^{a better} reality.

This is very out of context of essay.

Connectir not suitable. This is the first paragraph and numbers are considered immature connectors.

Secondly, forming new and breaking old habits is one other aspect of change for

growth and progress. According to Science it takes 21 days to break a habit. It could be smoking, eating junk or anything. ~~To form a healthy habit and achieve goals, the technique of micro-habits (as suggested in the famous book Atomic Habits) can be incorporated. To achieve optimal health and weight loss, one must first change their eating habits. To achieve progress in academics or careers, one must first change their sleeping habits for more time and mental clarity.~~

This is not related to change is necessary for progress this is related to consistency.

Lacks proper argumentation. This does not match the tone of the topic. You are only listing things that should be changed. Or what must change. Your topic is to prove that without change progress cannot happen.

Apart from that, without changing one's environment, one can barely achieve progress no matter how hard they try. One can never grow

This takes change too literally. Also the point is the same as previous paragraph

DAY: _____

DATE: _____

in the same environment
that broke them. One can
never excel in academics if he
sits with people uninterested
in studies. One can never achieve
mental peace if they stay in
a toxic relationship / friendship.
One can never start a business
without quitting their job.

As the famous American ^{football} coach
John Wooden said "Show me
your friends and I will show
you your future".

last but not the least,
change in consumption of content
also determines one's progress.

To achieve economic progress
one must switch to skill
based content from entertain-
ment. To achieve health
progress, one must switch to
health and fitness content

Too many points. Lack clear
argumentation.

Irrelevant
evidence

Concluding
sentence?

Again no analysis.
This reads like
suggestions not
explanation of an
idea

from food based content. These ~~changes, cumulatively,~~ will eventually lead to greater progress leading to a more financially secure, healthy and happy life.

No example
No paragraph structure

At the State level, the structural changes are vital for intended progress. ~~For~~ ~~example,~~ to achieve economic growth one ^① must switch to skill based education. Increase in ^② vocational training, change in ^③ curriculum, class room ^④ environments, teachers and security measure ~~ments~~ are necessary for ~~eg~~ economic progress. Without these changes, enrolment rates will remain low, and dropout rates (23 million in Pakistan according to UNICEF)

Too many points in a single paragraph

Sentence structure

Irrelevant evidence

No paragraph
structure

DAY: _____

DATE

|| will remain high.

Secondly, for a more gender sensitive and equitable society, one must address the root causes and change them. One such root cause, according to Radical and Socialist feminism is patriarchy. Changes in patriarchal structures and attitudes can lead to a more progressive society in terms of women empowerment. Furthermore, without changing the structural barriers to women's education and political participation, empowerment is not possible.

Incoherent, too many ideas
Again you have written like
Suggestions

No analysis and
argumentation
No validation

Indent at the beginning of paragraph

To achieve political stability, changes in political structure are a must. Without addressing structural issues like underrepresentation, corruption and inefficient quota systems

Again too many points

DAY: _____

DATE: _____

, progress in this regards is not possible. Changes in representation, elections and inclusive policies are necessary to achieve stability. Giving minorities a 'minority vote', women more important political positions and ensuring structural changes in the election process for transparent elections can bring progress and change.

No structure

No analysis and argumentation
No validation

There is no discussion regarding Progress here

At the Global level, changes in global institutions can guarantee progress. For example, changes in the permanent members to include Africa, South-East Asia and ASEAN regions can help build a more inclusive world. Without changing the power-imbalance within UN, progress towards

Wrong use of word

Lacks analysis

a just and equitable world is not possible.

Secondly, no matter how many Cop events, protests or climate activism is carried out, ~~change~~^{progress} is not possible until what needs to be changed is actually changed. Without changing fuel consumption patterns (coal, oil), climate change can never be slowed down.

States need to change their energy consumption patterns and attitudes towards climate change in order to achieve progress.

why?
Again this is written like a case study. It lacks thorough analysis

DAY: _____

DATE: _____

Immature expression

Concluding - if all, to achieve progress at individual, State or global level, change is a necessary pre-requisite. To attain progress at all 3 levels, one must first start at individual level. This is because individuals make a society, a society makes a state and states make the International Society. To achieve progress at the highest (Global level), one must change at individual level and in either case, change progress is not possible without change.

Out of context

Wrap up the topic

Read up on philosophy and literature for literary essays. Work on paragraph structure. Ensure mindful reading to improve vocabulary and analysis skills.