-ESSAY You can also include some points in your INTRODUCTIONALLTY THY NAME IS I am giving you to Marks less because of road A) INTRODUCTION the method of reality B) THE MYTH OF FRAILTY a) Orongical Reasons Lesse mascular Strength Compared to Men, women reproductive system & hormond fluctuicti. Social Reisons b) Social Reisons Rept holding nedico Thinking Push women to subserview voles ) Political Reasons Only a small percent of women 5-71. was Queens throught the history C) STEREOTYPE VS. REPLITY a) Women Resilliance in Politics Falma Jonah, Benezir Bhutto Rather than to Aerkel writing women b) Women as administrators as women as Women role pield of women as santiste pleasedversif I ) Women as Women in field of sports 2 Women as skilful Mountaineers 9) Women in Arned personal

D) IMPACT OF STEREOTYPE a) Discrimination and oppression of women b) Limiting women potential & opportunities c) Reinforcing harmous gender roles and exper - Tations. E) HOW GOOD THE MYTH OF FRAILTY OF NOMEN BE COUNTERED? g To pravide education and pawareness to the People It is better to write in present participle b) To break ritor examples reviting education and biased attitient Awareness to c) To Encourage Men's Fell is supporting women asound them. d) Create inclusive and equitable environment That allow women to thrive and reach Their July potential. F) COMMUSSION

Essay Your topic sentence is very In a world where strength is often measured by physical powers, Shakespeare's Infamous phrase 'Franky Thy name is woman echoes a timeless stereatipe that has haunted women for centuryes. However, this phraic is gross misrepresentation of women's capabilities and strengths. Women have consistantly demonstrated remarkable resilience, adaptability and determation throughout the history. They as mothers, sister and wives are the builders and breakers of the society. No nation has touched the height of success without actives participation of have proved Their might Please see the rule have proved Their might excellent abilities in different d'éclas it life Now women are activity porticipating in The field of business, medical, enjeanessing, science and lab, and even in politics. Angela Marial, the Crerman Chancellor is on of prongest women in the world, pulling the and of intelligent and powerful men liso, it is impractical to consider those men is weak \* So, the statement 'Frally, Thy are is women is Check spellings win stead women are pure depection of white May redoney said ""Woman hold up half the sky" has

In Shakespear's time, people believer women were weak and inferior to min Women were expected to story at homes and take care of Their Jamilies, while men worked out and held power. The women being wear came out from ancient tents and relegious beliefs. For example, Aristotle thought women were imperfect men and Bible blamed. Ele jor orging sin. These ideas made unnen dependent on men and limited Their opportunities . Mambel's statement 'Frailly thy name is soman' reflects these seriest alliende of shakespear's time Furthermon, if we develve into the myth of gandly, we found its roots in biological asumptions about women bodies. For centuries, women's reproduitive system and hormonal fluctuations were seen as evidence for their physical me emotional weakness. Menstration, pregnancy and childbirth were viewed as limitations to woman's capabilities rather and mitural processes. Furthermore women have losser women have work on your men. That the causubject verbiagreement plzcak However, These beliefs totally astonished and gail to explain how a jerrele body endures The painful process of Medbirth That ever a strong man can't bear. To, waren are rendered weak, just because My look weak

Mome's value has been under recognised for for too logg. Connectivity with an paragraph is fine cher, Actor & women's rights activist. Another reason women are considered lesser beings then men are those social norms and expectations. Women were tradinally expected to priortize donestic duties, while pussued public & projectional lives. This division of labor reinforced the idea that somen were swited for nurturing and support, but not for leadership and challing. As a result, women's capabilities and ambinon were often underestimated and undervalued, reinforcing the myth of fraitly. They our paragraph writing is yery onen are rendered wear mature as compared to your out ine -ation in politics please work on your outline make it enclusion 2000 Pexpression of your Outline espectally making prous has your have the potential to write well supposed weakness and emotional instability At present, There is only 24.5 per cent representation of women is paliment throught the world. While in history it only 5-7%. women were made queen. So, This justified they thought that women are weak, because They political preserves.

Despite The persistance of the myth of Jemale Frailty, and what, and whilever the biological, social an political reasons are imposed to prove women weak, reality tells a starkly different story. Momen throughout histoy have defied steredtyps, demonstrating remarkable strength , resilience, and determination. Frome Queens and quarriors to scients and activists, women have consistantly challenged and overcome the limitations imposed on thom An excellent example we can seen in our islamic history, where Horrat Khadija R.A. was Jamous burness women at that time to She proved herself in the renouved busnessmen of Arab. Another example can be seen a a warrior Sahabiya. Mubauba bir e-Kaab, who actively participated during wars along uch men Another example could be seen in Pakistan morement, where women worked side by side with their may counterparts to help the then Muslims on their way towards seperate homeland. Thus women shackled the gender based discrimination and proved to the world. and to the world. Similar to the world. Some important examples of women participation in policity could be Seen as Falima Jinah, who would side by side with her Boother Schammad All Tinnah; Benaziv Bhutto, the 1st femal Prime

minister and And Marriel, Chancellor of Greven my. These waren have demonstrated exuptional leadeship and vision. These examples show that women can and do make a difference in politics, and Their participation is necessary for creating a more just and equitable world; Similar to Women have proved themselves proved themselves, to be effective administvators throughout the history. In Islamic history, women like Fatima Al-Film founded The university of An Guaraouvying in Morroo, one of delest university. Similarly Queen Arwa of Vernen ruled with wisdom & your, establishing mosquy schools and trade reales. In Paxistan, Fehruda Mirza becke 1st semale speaker of National Assembly in 2003, leading legislative body with skill & and in on other examples might be seen as Dr. Shamshad Athlar, goimer governon of state bank and Jehan Arog Present a Again contract in mature please reflected inhese en your outling also men's ability to effectively administer and leads in Reflect sectors, In addition to adminstrative role women also proved Themselves in gield of literature. For extanget Fatina Phulto, author of Song's of Blood & Sword , and Kamila Shamsi, author of Hom 2" have gronted international acclaim for writing. Another zamons

and respected author, Bans Qudsiy, who wrote Raja Gidh has prover herself in field of literature Similarly, writers coline, J.K. Rowling, author of Harry Poller Series and Toni Morrison, out of Pride & prejudice have inspired million with their words. These example demonstor te the power of women's voice in literature. Not only women made name in literature, but also have they carried accolades in the world of science. Science would never be at this diman without contribution of women. Marie, curie, the 1st women to win noble prize, had remark kable work on radioactivity. Similarly Rosolind Franklin, worked in discovering the structure of ONA. Todays women like, Or Mac Jamison, a NASA astronut, continue to inspire guture generations of women. Just like yomen have proven themselves in science they have hade tremendous strides in sports. A The Paxiston's women's hockey team and Palistan's Women's Jostball's Team have challenged traditional gender norms and inspired your girls to take up sports. Juna Williams and Maria Shavapore, are over nomen inspiring the generations to compe in Jula of sports, proving that sports are have not remained a

a men only ground, but women can equally participate in it. Apart 2000 this, people generally Think that mountaining is a male passion But Women of this of theasebuork on your concept, in depth. Samina spellings to who broadly broke the stereotype by climbing the Mount Event in 2013 and Naila Kiane who climber Seven Symmits have inspired new generation of female climbers. So by reaching these heights, woment have shown that they are not as much zrail as They considered. Last but pot least, umen have worked to the sep of armed forces. As seen in the example of Lieutenant (L1.) Creneral Nigar Johan who has been posted as Pakiston's 1st FEmale Lt. General. She proved That no water, four hard the field is, women can brack it with great courage and grace to a women proved themselvender the ending wohlder the deputated and capable member of asped forces. There is no limit to what we, as women, can accomplish. Michelle Obama

Even though women have effectively proven themselves in every gield of life yet the impacts of stereotype still enists. There are cultures, and areas, where women still facing gender discrimination and oppression from culture and relegion. These women are still anable to showcase Their potential to serve society. They are deroid I oppertunities to prove them selves. They are still reinforced to harmful gender voles and societal expertations. All this must be countered to give nomen equal freedom as men. The 1st and governost cause to above behavious is lack of authentic Knowledge, and owareness. By providing quality education we can empower individuals to think critically and challenge societal norms. By educating, both men and women, where men learn how to respect women, and women learn what are their sights, a cultural shift can be created. Secondly people must break silence over witnessing the biased attitude. By shaving our own experiences and listening to athers, we can create a collective voice that demands change. We must encourage open dialogue to promote awareness and inderstanding.

Thirdly, Men can play a vital role in empowering the women around them Their support is crucial in creating a a more equitable society. Whether at home, or work place or any social circle men can play significant impact by pomoting gender equality and respect women's autonomy. Lastly, By creating an indusive and equitable environment, and by gostering a culture of respect, empathy and open communication, we can build a space where women can empowered to success. In nutskiell, although women have gaud a strong stereotype through out the history, but their efforts to humanity can not be deried. They are stiel breaking The challenges, by making remarkable success in every field of life, proving Them a strong member of society both physically and emotionally. The real strenght women hold are Their power to build or break a whole generation. Male, no matter how strong They might look, had lace This power. A strong woman, will saise a strong generation. This is what our society need to understand and help women to grow in such positive and respectful environment so she sould show her potential with Jear. In the last a goude will camil

The strength of woman as a whole. The hands that rock the world" is the hand that rules the world"