



KINDS OF TOUHEED There are three kinds of Jouheed. DANTY IN PERSON: This means that there is neither plurality of gods, nor plurality of person Godhood. In Swah-Idl-Iklas, Allah says The sustainer of the heavens an single entity. Had there been more than one god; the earth and the whole In Surah- H- Anbiga, verse num 22, Allal "Had there been in them ( beaven an earth) any dieties except allow they would both have certainly topen 2. UNITY IN ATTRIBUTES This means that Allah alone is worthy of all attributes no one can the mightest- of all anyone claim that he will live forever, because these divine Allah. " und to ullah belongs the best names so invoke Him by them (Al- Aaraf - 180).

3.12	NITY IN ACTIONS
	Allah alone is the Exector and Sustainer
_6	everything. He takes help from no one.  e manages everything that He has
H	e manages everything that He has
-	Ox coned.
	The Quan says,
	"To god belongs the sovereignty of the heavens and the earth and what hies in them, and He has power over everything."
	heavens and the earth and what lies
	in them, and He has power over
	everything."
	everything."  ( idl-Maidah - 120)
	2 2 - 12
I	S HND URTECTIVES OF TOURER
- 0	orneed demands certain things from it-
bell	ievers.
. (2)	believer must not skey and worship
	myone except allah. All his acts and
_ u	ryone except which. All his acts and worships should be reserved for Him
	shly.
· ·	believer must call ideals for help. Idlah the master and sustainer of everything the inverse.
	the master and sustainer of and with
N	the inverse.
	must all
	moves everything. He is the knower of the
	nseen. He knows all the treasures of the
	A holis and the earth.
Contrated colores	- OCCURANT
	powerful and has full commend and control over this creation.
-	control over this creation

## IMPORTANCE OF TOUHEED IN HUMAN The belief in the oneness of Allah is the core value of every believer. Touheed helps Muslims to develop a strong sense of submission and surrender to Allah which is believed to lead to inner peace and contentment. Touleed can help individuals overcome negative thoughts. For example, when a person truly believes in the oneness of Allah, they indepstand that everything is under this control, which can reduce feelings of anxiety and worry. IMPACTS OF TOUHEED ON A FAITFUL INDIVIDUAL I GIVE PRIMARY PURPOSE TO LIFE Belief in tarked gives purpose to life as in the one supreme intity has exerted the individual. These must be some purpose to the life. He has put us (humans) above all creations. There must be a reason and purpose believed the life he gave us. 2. UNCULCATES SELF-RESPECT A sense of pride and self-value comes when it is believed that Allah has made me and put me above all his creations.

We have honored the children of Adam, an carried them on land and see, and provided them with good things, and greatly favoured them over many of those We areated." (Al-9siag-70) 3. INCUILCATES HUMILITY AND MODESTY The belief in the Unity of Allah makes a person himble and modest. It person cannot think high of himself as he believes thatthe Supreme entity, who is all-knowing, has exected himan and watches everything he does. "Pride is My cloack and greatness My robe, and whoever competed with me with segard to either of them, I shall put him into Hell." (9bn-e-Majah). 4. INCULCATES TRUST AND HOPE IN ALLAH Belief in tarheed increases a person's trust in Allah. On believes that if He capable of so many majestic actions, He sure will take care of my actions and deeds. S. INSTILLS PEACE AND CONTENTMENT One who believes in only one gow god is granted peace, satisfaction and focus



believe and whose remembrance remembrame CONCLUSION: Tarheed i.e the belief in the 6) Allah is the core valle of Islam. One cannot call himself Muslim if doubts the mity of Allah in tauheed, one's life becomes embodiment of perce and provides psychological, apinitual