

Nations do not die from invasions, they die from internal rottness.

1. Introduction

"External threats may weaken a nation, but a nation's internal rottness manifested in its institutions, leadership, and societal values ultimately destroys its resilience and leads to its downfall."

2. National resilience can out numbered external threats

3. Institutional deterioration accelerates nation decline:

a. Corruption

b. The culture of referrals and recommendations

c. Incompetency to deliver public service

d. Retarted economic progress

4. Absence of leadership leads to decline of a nation:

a. Power vacuum

b. Lack of direction

c. Political instability

d. Constrained economy

5. Stagnated societal values catalyses collapse of a nation:

- a. Injustice and inequality
- b. Disregard for the rule of law
- c. Sectarianism and violence.
- d. Lack of innovation and social progress.

6. Conclusion:

~~Throughout the history of national resilience or rebirth of a nation, external factors helped nations to gain strength. Either it be Roman Empire~~

Before the inculcation of globalization and inter-connectedness, nations had more external threats to their sovereignty and national identity. Historically, it had been observed that external threats may weaken a nation, but a nation's internal rotteness manifested in its institutions, leadership and societal values ultimately destroys its resilience and leads to its downfall. External threats like invasions, attacks from enemies were a frequent phenomena in history. Despite that, those nations who were internally

Strong and united weathered the storms and preserved their identity. On the other hand, when institutions, leadership and societal norms began to decline in a nation, it collapsed even without any external threat.

When all those foundations on which a nation progresses such as honesty, rule of law, economic, political, and social stability began to erode, a nation's downfall begins. Invasions, external attacks, and other threats from outside can

slow down the progress but they cannot collapse a nation's sovereignty.

The main factor for a nation's rebirth and re-emergence after any external threat is its resilience to stay united and fight with bravery. For instance, the re-emergence of the United States of America after World War II was due to the resilience of American nation in front of external attacks. Dating back to more historic events, the resilience of Japan and its re-emergence after many invasions shows that a nation can not be destroyed externally.

The collapse of a nation begins when its institutions become corrupt. Corruption is like a slow poison to any institution, and when national institutions began to erode with corrupt practices, progress and development of a nation become stagnated.

Moreover, corrupt practices encourages practice of referrals and recommendations in institution. These evils compromise the meritocracy which eventually results in gradual decline of performance of all such institutions. Consequently, national downfall begins.

When institutions are working under the umbrella of corruption and recommendation culture, their public service declines to none. Such national institutions fail to deliver public service. When a nation faces such kind of institutional decline, its economic progress ~~become~~ stops. Sound and efficient institutions are inevitable for the economic stability but when a nation faces incompetence institutions, its economic instability becomes exponential.

Francis Fukuyama has mentioned

in his book named "Nation-Building" that nation-building requires effective institutions. Similarly, a nation's collapse begins with ineffective and incompetent national institutions.

~~These institutions not only~~

A nation without a leader is like a boat sailing without its captain. This boat goes with the flow with any direction or destination. Similarly, when a nation is faced with the absence of a leader, it doesn't have any goals or motive to move.

Absence of leadership creates a power vacuum in the among any nation. In most of the cases, these vacuums are filled with non-state actors or enemies' agents. In that case, a nation become a toy at the hands of opponents.