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Part - II

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Ans

TOWHEED - ONENESS OF ALLAH

Touheed means the belief in the unity and oneness of Almighty Allah. The starting point of Islam is the belief in the oneness of God (Touheed). There is no deity except for the Almighty Allah. He has no beginning and no end. He is the most powerful, he is omnipresent and the sustainer of the world and of mankind.

The Quran says;

"He is Allah, the One; Allah the self-sufficient; He begets not, nor is He begotten, and there is nothing that could be compared with him."

(Al-Ikhlās)

KINDS OF TOWHEED

There are three kinds of Towheed.

1. UNITY IN PERSON:

This means that there is neither plurality of gods, nor plurality of persons in godhood. In Surah - al - Iklas, Allah says "He is the one and has no partners."

The sustainer of the heavens and earth is a single entity. Had there been more than one god; the earth and the whole universe would be chaotic.

In Surah - Al - Anbiya, verse num 22, Allah say;

"Had there been in them (heaven and earth) any dieties except Allah they would both have certainly been ruined."

2. UNITY IN ATTRIBUTES

This means that Allah alone is worthy of all attributes. No one can claim that he is the mightiest of all nor can anyone claim that he will live forever, because these divine characteristics are only possessed by Allah.

"And to Allah belongs the best names, so invoke Him by them."
(Al - A'araf - 180).

3. UNITY IN ACTIONS

Allah alone is the Creator and Sustainer of everything. He takes help from no one. He manages everything that He has created.

The Quran says,

"To God belongs the sovereignty of the heavens and the earth and what lies in them, and He has power over everything."

(Al-Maidah - 120)

AIMS AND OBJECTIVES OF TAUHID

Tauheed demands certain things from its believers.

1. A believer must not obey and worship anyone except Allah. All his acts and worships should be reserved for Him only.
2. A believer must call Allah for help. Allah is the master and sustainer of everything in the universe.
3. A believer must also believe that Allah knows everything. He is the knower of the unseen. He knows all the treasures of the heavens and the earth.
4. A believer must believe that Allah is powerful and has full command and control over His creation.

IMPORTANCE OF TAUHID IN HUMAN LIFE

The belief in the oneness of Allah is the core value of every believer. Tauheed helps Muslims to develop a strong sense of submission and surrender to Allah which is believed to lead to inner peace and contentment. Tauheed can help individuals overcome negative thoughts. For example, when a person truly believes in the oneness of Allah, they understand that everything is under His control, which can reduce feelings of anxiety and worry.

IMPACTS OF TAUHID ON A FAITHFUL INDIVIDUAL

1. GIVE PRIMARY PURPOSE TO LIFE

Belief in tauheed gives purpose to life as in the one Supreme entity has created the individual. There must be some purpose to the life. He has put us (humans) above all creations. There must be a reason and purpose behind the life he gave us.

2. INCULCATES SELF-RESPECT

A sense of pride and self-value comes when it is believed that Allah has made me and put me above all his creations.

"We have honored the children of Adam, and carried them on land and sea, and provided them with good things, and greatly favoured them over many of those We created."
(Al-Israa - 70)

3. INCULCATES HUMILITY AND MODESTY

The belief in the Unity of Allah makes a person humble and modest. A person cannot think high of himself as he believes that the Supreme entity, who is all-knowing, has created him, and watches everything he does.

"Pride is My cloak and greatness My robe, and whoever competes with Me with regard to either of them, I shall put him into Hell."

(Abn-e-Majah).

4. INCULCATES TRUST AND HOPE IN ALLAH

Belief in tauheed increases a person's trust in Allah. One believes that if He is capable of so many majestic actions, He sure will take care of my actions and deeds.

5. INSTILLS PEACE AND CONTENTMENT

One who believes in only one ~~god~~ god is granted peace, satisfaction and focus.

"Those who believe and whose hearts find comfort in the remembrance of Allah. Surely it is in the remembrance of God that hearts find comfort."

(Ar. Ra'd: 28)

CONCLUSION:

Tauheed i.e. the belief in the Oneness of Allah is the core value of Islam. One cannot call himself Muslim if he doubts the unity of Allah. With the belief in tauheed, one's life becomes the embodiment of peace and comfort. It provides psychological, spiritual and physical tranquility to the faithful believer.