

(Part-II)

Q 4.

- I) Introduction
- II) Understanding the word Ṣawm or fasting in Islam
- III) Rewards for those muslims who kept fasting in Ramadan as decided by Allah SWT.
- IV) Philosophy of fasting (Ṣawm) in Islam
- V) Social, moral, and spiritual impact of fasting (Ṣawm).
- VI) Conclusion.

Fasting (Ṣawm) is the third pillar of Islam among all five pillars. Fasting can be done in a specific month of Islamic calendar named Ramadan which is the 9th month of Hijri Calendar. All the muslims kept hunger and thirst for all month of about 29-30 days in

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order to complete this compulsory and obligatory pillar of Islam.

The importance of fasting is highlighted in the Holy Quran in such a way that Allah SWT said in Holy Quran.

"O believers! Keep the fasting days of Ramadan as it was kept by your elders or previous people so that you may be pleased."

(Al-Quran)

- Understanding Fasting:

Fasting literally means abstinence and in actual meaning it is the abstinence from food or drink each day from sunrise (fajr) until sunset (maghrib). The purpose of the fasting is to practice self-restraint, piety, and generosity.

- Rewards to those who kept fasting:

Talking about the rewards for those

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muslims who kept the fasting days of Ramadan and remain hungry and thirsty the whole day, the Allah SWT decided for those that:

"Fasting is for me, and I will reward it to muslims myself."
(Al-Hadith)

In an another Hadith, Allah SWT decided that:

"Fasting is for me, and I will give myself to those muslims who kept it."

(Al-Hadith)

• Philosophy of fasting ~~per~~:

Generally, the philosophy of fasting (~~per~~) isn't a complex or difficult phenomena but to follow the order of Allah who is the creator of all the worlds. The main

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philosophical factors of fasting is that it act as a shield against the sins. The muslims controlled doing the sins in this month about 90%. rather than other months. The muslims keep themselves hungry and thirsty for to maintain and follow the order of Allah SWT. The fasting days reminds us about patience and it gives us the lesson of tolerance.

social impacts of fasting:

① Harmony and Peace:

Fasting brings harmony and peace among Muslims when they're in fasting conditions.

② Bring muslims together on one platform:

Fasting bring Muslims together and it remove distinguishes and differences.

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③ Remove sectarianism based differences:

This month helps us in removing the barriers of sectarianism and Muslims brought together without any hesitation.

• Moral impacts of fasting:

Following are moral impacts of fasting:

① Controlling of domestic violence:

In this month, individuals controlled their domestic violence which is good for our society.

② General cooperation and support:

In this month people/muslims also pay Zakaat to those persons

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which are mentioned in Quran and in this way Zakat is also pay attention by Muslims which is also obligatory pillar of Islam.

③ Praying 5 times a day:

In this month due to common interests Muslims pray 5 times a day which is also a blessing from Allah SWT.

• Spiritual impacts of fasting:

The following are spiritual impacts of fasting:

① Strong relationship between Allah and the human:

Fasting builds a strong relation between

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Allah and his servant on earth (the human). The fasting realise us that there is a God in the universe who exists and rule over the world.

② It helps purify our heart:

Roza

(Sawm) helps us in our heart purification. The muslims are careful in doing sins and deeds to avoid sins during the fasting days of Ramzan.

Overall, Sawm is a third pillar of Islam and Allah will reward for it himself. It is the obligatory one and muslims kept fasting these days in Ramadan in order to bring harmony and peace and to make a relationship with God (Allah SWT).

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Q 2.

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- I) Introduction
- II) Understanding the word Tawheed in Islam.
- III) Understanding the 1st part of Kalma Tayyaba
لا اله الا الله
- IV) Quranic reference of Tawheed as in Surah Al-Ikhlās
- V) Importance of Tawheed in human life
- VI) Effects of Tawheed on a faithful muslim's life
- VII) conclusion

Tawheed is an important factor in Islam and is one of the keys obligations for being a Muslim. Without tawheed life is impossible. It shows a path of peace and harmony towards Allah and discuss the oneness of God.

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- Understanding the word "Tawheed" in Islam:

Tawheed means there is no god but Allah and he is the mighty with super power and he ruled over the world. Tawheed means the Oneness of God (Allah).

- Understanding the 1st part of Kalma Tayyiba:

The 1st part of Kalma Tayyiba is mentioning the negation (L) in its first word. La-ilaha-illa-Allah means, "there is no God except Allah". The first part of the 1st kalma describe the importance of Tawheed that we must obey Allah in order to get success in life.

- Quranic reference for concept of Tawheed is mentioned in Surah al-Ikhlās:

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It is mentioned in Surah al-Ikhlās that:

قُلْ هُوَ اللَّهُ أَحَدٌ

"Tell them (to believers), O Muhammad SAW, that Allah is One."

(Al-Quran Surah-al-Ikhlās verse 1)

This verse of Holy Quran indicate us that Allah is one and it must emphasize that he must be followed.

Importance of Tawheed in human life:

Tawheed is the first stage of human to be muslim and he must obey one God. Tawheed is so important that all the prophets of Allah and after them all muslims accepted that Allah is one and there is no one beside him in the world.