

This metaphor challenges we to fully embrace change. Unlike trees that are world is place, we possess the ability to adopt, make choices, and grow in various dimension of our lives. It encourages us to let go of the fear of change and accept it as natural and essential part of our personal enalition In life, adaptability is a Key Vrait Mat helps has navigate through the ever-changing circumstances (was encounter- Charles Darwin 3 words, " It is not the strongest of the species that survive, now the most intelligent, but the one most responsine to change ", undersease the importance of being adaptable in - 16 enduing world. Just as CSS (cascading style) adopts to different screen sixes and deuces, we must adapt to the changes and challenges that life presents. This means being flexible in our approach, adjusting our strategies and embracing new oppurtunities as they arise teeling struck or trapped in a are all the same Just the importance of .

nge. porticular sulvation can be suffocating. The metaphor You are not a tree; max on urges (us) to break free from These constraints. Henry David Thoreau's unisdom

resonates with this , encouraging us to 60 confidently in the direction your dreams, Live The life you have imagined." Thoreau's words inspire (us) to overcome (our) fears and limitations, empowering in to lake beld steps lowerds change - whether its leaving a job that doesn't fulfill us on ending a relation relationship - that holds us back, we have The power to move forward and create a life digned with our aspirations. Maring on and embracing change efter requires resilliance and persistence. Vince Lombard's Kamais quete "It's not whether you get knocked down it's whether you get up, "encapsulates the idea-Resillience is about bouncing back from setbacks and persisting despite challenges Life will inevitabitably present obstacles, but how up respond to them defines our journey. By cultivating resillience and persistence, me can face life's challenges head-on, learn from them, and continue moving forward towards our goals. Setting go of the past and shedding what no longer sories (us is essential for personal growth · Buddha's insighted words,

You only lose what you cling to remind us that holding onto what no longer serves us only weight us:

No structure to paragraph

In Quran Pak it is also stated that

And do not grow weary while seeking good, for indeed, Allah is with Patient? (2:42)

The metaphor "You are not a tree;

The metaphor "You are not a tree;
more on" sorver as a powerfull reminder
of our ability to adapt, grow, and shape
and own destines. Through the unisdom of
quotes and anecdotes, we have employed.
The importance of embracing change, breaking
free from stagnation, and cultivating the
resilliance to persist in the force of
challenges Let us heed this metaphoxical
advice, embrace change, and move on forwards
on of Journey of self-discovery and growth.

Alishba waheed RW-OB 046

Your language and expression are good You need to give it structure and learn how to Argue a point.

	Category	Total marks	Obtained marks
	Qualitative analysis	10	1
Content	Quantitative analysis	10	1
	Validity & Reliability	10	1
	Relevance	10	0
	Sentence structure	5	2
Language	Vocabulary	5	2
	Clarity	5	2
	Command of language	5	2
	Expression	5	2
	Outline	5	0
Structure	Introduction	5	0
	Body paragraphs	5	0
	Conclusion	5	0
Coherence	Cohesion	5	1
	Coherence	10	0
		Total	14