

"Gender Studies"

Q#5

Explain the structural and direct form of violence against women in Pakistan with special reference to theories of violence.

Violence

"Any act, attitude or tendency to coerce threat and intimidate other on the basis of gender."

Violence is prevalent in society because of the patriarchy in the society. There are mainly two categories of violence which are

- 1- Direct violence
- 2- Structural violence

1- Direct Violence

The violence which directly influence the women in Pakistan. The direct violence has the following types in Gender Studies

↳ Sexual violence

- ↳ physical violence
- ↳ emotional violence / psychological violence
- ↳ Financial violence

1- Sexual violence

The most prevalent violence is in the form of sexual violence. The sexual violence is in the form of harassment, molestation and sexual advancement.

Sexual violence is prevalent at each level either on family, community or state level.

- Family level → rape, incest (sexual contact by family members), molestation
- Community ^{level} → Gangue rape, ^{sexual} violence at work place, prostitution, women trafficking
- State level → Harassment of parliamentarians, character assassination of women, bad language

Theories related to sexual violence → theories like psychopathology, patriarchy (evolutionary theory) etc are responsible for sexual violence in the society.

Psychopathology Theory

↳ some disorder and illness can cause sexual violence. e.g paedophilia disorder the individual is attracted toward the sexual contact with child either boy or girl.

Evolutionary Theory

↳ Society is patriarchal in which male dominate the society. From all over the history male always dominate society. According to psychology from previous time the sex was initiated by man.

Social Learning Theory

↳ It states that individual can learn and influence by media or society. They idealize and internalize the behavior and attitudes of model. The increasing use of media with pornographic and sexual content influence the minds of young generation and cause sexual violence.

2- Physical Violence

→ The intimidation, coercion, beating and battering of women cause the women to suffer in the form of injury, internal organ damage or fracture of any body part.

→ The physical violence is done by man in order to gain control of women and intimidate her.

Following theories can explain the physical violence in best possible way.

Social Learning Theory

↳ The child internalize the behaviors by imitating elders e.g. if a child see the father doing violence against his wife. Later on in life the child learn and become violent.

Power and Control Wheel Theory

↳ This theory explain how the male control the women and gain power. Male gain control and power through emotional violence, blaming, physical violence, threat ~~due~~ ^{through}

children custody, control on finance to make ~~him~~^{her} compel to live with him.

Exchange Theory

↳ This is related to cost and benefit. If the benefit of the violence is more than its cost, so it reinforces an individual to do violence.

3- Emotional Violence / Psychological violence

Emotional violence or psychological violence results from the intimidation, threat, psychological trauma, blaming, and use of dirty language by males to hurt others.

Emotional violence causes more damage than physical violence. The most prevalent form of violence is emotional which is found in almost every domain of life. It is not confined only to homes. It prevails in home, office, school, university, administration and management. Following theories are best

to explain emotional violence

Psychological illness and personality Traits

↳ Some psy illnesses become an individual more prone toward emotional violence of others like frustration, anxiety and depression. Some personality traits like aggressiveness, defiance and conduct problems are also responsible for the bad behaviors of males.

Theory of intimate partner violence

↳ It has four stages

1- Intimidation and violence

↳ Commit violence against women

2- Make excuses

↳ excuses that by mistake he hurt her and assured her how much he love his partner

3- Portrayal as good person → portray himself as good individual and take care of her.

4- Honeymoon phase

↳ Women admit him as good person and accept him with his attributes

Then the cycle repeat itself again.

4. Financial Violence

Financial violence is in the form of deprivation from her wealth, property and business. Financial violence is also in the form of low wages. Increasing work hours and poor work conditions for women in Pakistan.

Theories

* Resource Theory

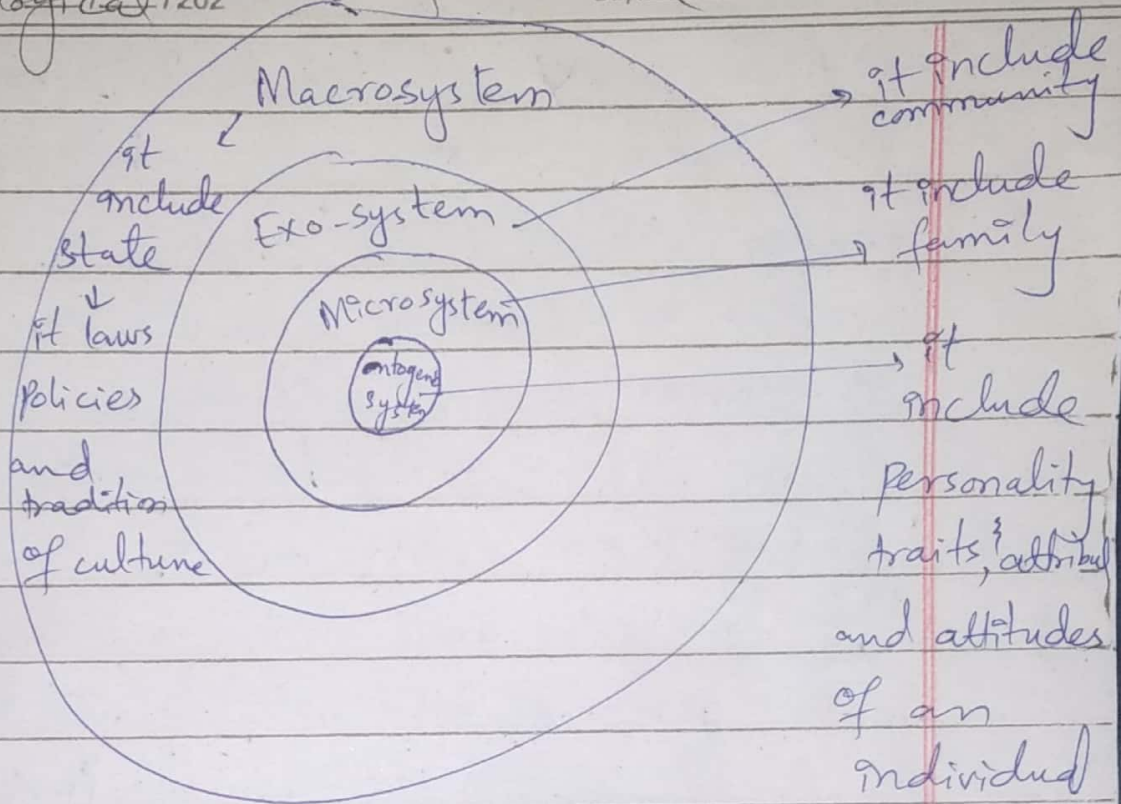
↳ Increased resources enhance the power of one individual. Power is necessary to influence the decision and beliefs of women.

Resources include skills, profession, wealth, property, personality etc. These resources are used negative to influence the decisions of women.

* Control and Power Wheel Theory

↳ Control and power theory also explain how the males gradually

Ecological Theory of violence



Ecological theory of violence has also effect from personal traits, family, community and state.

Q#4

Sex vs gender debate

Sex

Sex is biologically determined, from anatomical organs or sex organs of an individual. It is universally recognized and ascribed by birth. Three main sexes are

- ① Male → XY
- ② Female → XX
- ③ bisexuals → having both sexes

Gender

Gender is socially constructed, it varies from culture to culture. It acquired through learning from environment.

Main genders are

Hetero-sexuals

Cis-gender → When identify and satisfy with his/her sex (male/female)

trans-gender → When not satisfy, identify or accept his/her sex.

Female assume or inclined toward male role

~~bi-sexuals~~ → having both

Homosexuals

Lesbian → when female inclined or emotionally attracted to female

Gay → when male inclined or emotionally attracted toward male

Queer → Attract to any sex emotionally.

Nature vs Nurture debate
for Gender vs Sex debate

1- Nature

Sex is biological and gender is socially constructed.

1- Chromosomes

The sex chromosome is one from the 23 total chromosomes. The 23rd chromosome is called sex chromosomes which are in

Female = XX

Male = XY

The X chromosome is long and have many genes like it has 1100 genes. XX (double X) make a female emotional, multitasking stability in mood, adaptable.

Unlike X chromosomes Y chromosome is short and have not many chromosomes. The male attributes are due to their specific genes on Y chromosome.

2- Hormones

Sex chromosomes X and Y not only determined biological sex but also responsible for the production of hormones.

Estrogen in female and testosterone in males. So the appearance due to primary and secondary sex characteristics are due to these hormones.

Gender role is also influenced by hormones like ↑ testosterone makes a male aggressive, empathetic, stable, daring, powerful.

3- Brain Size

Studies show that women use right hemisphere of brain. So they are

- ↳ artistic

- ↳ multitasker

- ↳ language learning

- ↳ good memory

Male used left hemisphere of the brain. So, they are good in

- ↳ mathematics

- ↳ logics

- ↳ Music

- ↳ problem solving

2- Nurture

The physical environment of an individual has strong influence on the gender development.

Gender is purely formed by the ~~the~~ society of an individual.

It is socially constructed by the society.

Social constructionism of gender

1. Cultural Sexism

Cultural sexism has many dimensions which shape the gender development

→ Language

According to Chomsky "language is innate and programmed"

but in our cultural the

language is gendered. It uses

words like businessman, man (humanity)

to exhibit the superiority of males.

Language is gendered so it assigned and made different roles for women and men. Language can socially construct gender in society

→ Education

↳ Education given to children are also gendered e.g schools have name like Govt Girls Primary School. The textbooks have gendered language e.g women working in home and men work outside the house. Nurse ~~was~~^{is} always female and soldier is male. So education has play role in gender role construction of individual in society.

→ Media

↳ Media transform information from generation to generations. In our songs, movies, dramas female were portray in a specific role of crying and helpless. It give them that specific role in society

→ Religion

↳ religion also assigned a specific role to male and females. Females were to stay at home and

males have to go out and earn money for females.

⇒ Dress

↳ Males have their specific colour and designs for dress in a culture. Although somewhere cross-dressing is also prevailing but the main dress for male and female are different.

→ Nomenclature

↳ Males have their own nomenclature different from females. It is socially constructed and form different genders in society.

e.g. males have names like Abdullah, Abdu-Rehman and females have names like Razia, Shazia etc.

→ Games

↳ Male and female have different games. When they are small girls play with doll and boys play cricket and hockey. It is also assigned by the family through socialization of gender.

2- Social learning theory

↳ an individual learn from society through imitating the model and internalize their behavior. So girls learn women centric behaviors and attitudes. Help mother in kitchen and home affairs. Unlike them male idealize fathers and learn specific behaviors like working outside.

3- Psychoanalysis theory

Males have their own psyche which is different from females. Psychoanalysis state that female learn the behaviors from mothers and males from fathers.

Conclusion

Sex is biologically constructed while gender is socially constructed. Biology has a little role in determination of genders. Moreover, the gender is competely determined by society and socialization. According

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Day: _____

Simon de Beauvoir "One is not women,
one becomes women". Therefore
it can be concluded that
society and physical environment
of an individual is more
important for gender development
than biology.

Q # 7

Gender Creation in Society

Gender creation is due to physical environment and social influence. Now-a-days different genders have formed in our society. In Aurat March lesbians, gay and transgenders

also protest for their rights along with females. Society, culture and physical environment facilitated them in creations of genders. ¹

The factors responsible for many different genders in society are the following.

1- Media as source of gender creation

Media is considered fourth pillar of a state. It influence gender creation in society. Media especially social media create awareness in public and people identify themselves differently in gender identification. Media spread awareness and responsible for disseminating knowledge about gender. \rightarrow social learning theory.

2- Rights granted to different genders in other countries

Lesbian, gay, queer and trans-genders have granted different rights all over the

world. It influence different genders in Pakistan. Although these genders were present from past many decades but due to many religious and cultural restrains they ^{are} dormant themselves. They raise their voices after the creation of organization and different societies, NGOs for these genders. They become morally, financially and socially become more independent. This leads to more influence and powers in the form of protesting and demonstration for their rights.

In Pakistan some rights were also given to these different genders.

- 3- Education as a ~~resource~~ source of gender creation
Education also construct gender in society. Education is biased and assigned specific roles for male and females.

Males are portrayed dominant, powerful, courageous and daring while females were as passive, subordinate, emotional, weak. Gender related biases are existed in our education and curriculum.

[Cognitive Schema Theory]

The cognition, schemas or pattern developed at early age of an individual. So the child at the age of 3 or 4 learned their specific roles in society.

Girls developed the pattern or schema of girls related roles like playing with dolls, washing clothes with mother etc. Boys internalize and developed pattern related to female oriented roles.

[Social Learning Theory]

After imitating the elders work as model, the individual learn gender centric behaviors. Through media and education individual specific gender role in a society.

4- Gender socialization

Male and female interact with society and learn their specific gender role of being male, female or as transgender. For example according to socialization theory the gender learns his role. For instance the transgenders learn their specific role and profession like dancing and amusing others.

5- Religion as a source of gender creation

Religions are also responsible for gender creation. Each gender has its own role in a religion. For example in Islam male is given priority over female and assigned him leadership qualities or responsibilities.

XXX ————— XXXX