

Q1:-

A:- Most of us fail in our efforts at self improvement because our schemes are too ambitious and we never have time to carry them out.

Q2:-

A:- The fundamental error of announcing our resolution to everybody is that we look ever more foolish when we slip back into our bad old ways.

Q3:-

A:- The writer not carry out his resolution of New Year's Day because according to him an overnight party on New Year's Eve provided him a good excuse for not carrying out the new resolutions on the first day of the year.

Q4:-

(a) Intimidating
frustrating

(d) Repel
Betrayed

(b) Peril
Rooted

(e) Barb
Hypnotizing

(c) Dwindle

Waned / diminished