

Reading Comprehension.

1) Why do most of us fail in our efforts for self-improvement?

Many people adopt new year resolutions every year for self-improvement. However most people fail in their efforts because their schemes are too ambitious and they never have time to carry them out. As a result, they are unable to practically act upon their resolutions.

2) Why is it a basic mistake to announce resolution to everyone?

Many people ~~tell~~ commit the mistake of announcing their resolution to everyone. It a fundamental error because certain accomplishments are beyond attainment, and failure to meet these goals result in frustration. So, when they slip back into their old ways, it makes them look foolish.

3) Why did the writer not carry out his resolution on new-year's Day?

The writer had set out two ambitions, working out and reading a book. But, due to several reasons he could not carry out either of them. First, because of his family's taunts; second, his enthusiasm vanished; third, time-management issue and lastly, he slipped back into his old routine. All these factors contributed to his failure.

4) Find out the words in the passage that convey similar meaning to the following:

a) Intimidating : Unsettling

b) Peril : Pitfalls.

c) Dwindle : Diminish

d) Repel : Resist

e) Barb : Jibes