

Question:

1 - Why most of us fail in our efforts for self-improvement?

Ans Most of us fail in our effort at self-improvement because our schemes are too ambitious and never have time to carry them out.

2. Why is it a basic mistake to announce our resolution to everybody?

Ans We also make the fundamental error of announcing our resolution to everybody so that we look even more foolish when we slip back into our bad old ways.

3. Why did the writer not carry out his resolution on New Year's Day?

Ans Writer can not carried out his resolution on new year's day because of overnight parties to enjoying the new year's. He was unable to apply new resolution on the first day of new years.

4. Find out the words in the above passage which convey this similar meaning to the following?

1. Barb                      Slip back
2. Intimidating          Exhausting
3. Repel                    Resistence
4. Peril                    Hypnotizing
5. Dwindle                Pit fall