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#01

Most people falter in their self-improvements because of impractical plans that are more utopian than the temporal constraints would allow. Secondly, they make inevitable mistake of revealing those impossible plans to others. Owing to these two reasons that sap one's enthusiasm, selfimprovement remains a drill of chasing a wild goose.

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#02

Fundamental fault in disclosing one's plans becomes manifest when one fails to keep up with his schemes. In so thus relegating to some previous habits, one looks foolish.

Q-03

On account of the celebratory and festive eve of the New Year, the author implemented his regimen the second day of the nascent year.

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-04

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|-----------------|------------------|
| a. Intimidating | Formidable |
| b. Peril | Pitfall |
| c. Dwindle | Wane |
| d. Repel | Fend off |
| e. Barb | Taunts and jibes |