

Q1.

Following are the Reasons:

- 1) We make extraordinary & non achievable plans and over ambitious schemes. which we cannot achieve due to lack of time.
- 2) Certain accomplishments are beyond attainment because they are impractical.
- 3) We announce our resolution to everybody, so that we look more stupid when we do couldnot achieve our goals.
- ~~4) People and surroundings always discourage.~~
- 4) The attitude of family is sometime not motivating, which can lead to failure in achieving goals.

Q2

The reason behind this is that when we couldnot achieve our goals, then we look more foolish. Moreover, People may be discouraged our plans and may take them not seriously. This all can lead demotivate us and we cannot achieve our goals.

Q.43

The writer could not carry out his resolution because he could not wake up early due to New Year's Eve party. So he could not do early morning exercise. Moreover, he got exhausted due to overnight party so he could not ~~use~~ study read in the evening.